



The Word WEEKLY BULLETIN



Parishes of Holy Spirit, St Anne & St Gerard.

18th Sunday in Ordinary Time, 1-2 August 2020

Parish Priest: Fr. Arsenio Tuazon

HOLY SPIRIT PARISH

120 Oban Road, Ringwood North 3134

Phone: 0434 224 483

Fax: 9879 0642

Email: RingwoodNorth@cam.org.au

Website: www.holyspiritparish.org.au

PASTORAL ASSOCIATE

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jenny.philp@cam.org.au

HIGH SPIRITS COORDINATORS

Etta D'Souza

Sundays 4-5:00pm (School terms)

Elma Gama

Sundays 4-5:00pm (School terms)

PARISH HOSTESSES

Mary Yeo and Kerry O'Leary

SCHOOL PRINCIPAL—Holy Spirit

Duncan Arendse —9876 1103

PARISH LEADERSHIP TEAM plt@holyspiritparish.org.au

PARISH PASTORAL COUNCIL

Secretary

ppc-sec@holyspiritparish.org.au

FETE COMMITTEE

John Cilia (Chairperson) -

fete@holyspiritparish.org.au

PARISH OF ST GERARD AND ST ANNE

St Gerard's: McCulloch Street, Warrandyte 3113

St Anne's: 54 Knees Road, Park Orchards 3114

Phone: 9876 1509

Fax: 9876 6179

Email: ParkOrchards@cam.org.au

Website: www.cam.org.au/parkorchardswarrandyte

Office Hours: Tuesday-Friday 9am-3pm, closed Mondays.

PARISH SECRETARIES

Ana Saro

Tuesday & Wednesday

Kerry McGowan

Thursday & Friday

SCHOOL PRINCIPAL—St. Anne's

Michael Edmonds—9876 1533

HOLY SPIRIT PARISH EMAIL

Jacinta will continue to make contact with parishioners via email on a weekly basis. If you have not received an email but would like to be included in this distribution list, please email to let us know at Ringwoodnorth@cam.org.au. Alternatively, please ring the parish mobile 0434 224 483 to advise us of your email address.

This is a great opportunity to update our data base!

PLEASE NOTE:

IN ACCORDANCE WITH INSTRUCTIONS FROM THE PREMIER AND THE BISHOPS OF VICTORIA, ALL MASSES, SACRAMENTS, LITURGIES AND GROUP ACTIVITIES WILL BE SUSPENDED UNTIL FURTHER NOTICE.

THE CHURCH AND CHAPEL WILL BE LOCKED UNTIL FURTHER NOTICE.

Readings, Prayers of Intercession and a Gospel reflection are included in the word, which is available from the parish web site: <http://www.holyspiritparish.org.au/The-Word-Newsletter>

Recorded Masses (click on the You Tube icon), important information, Spirit Extra, the Spirit Magazine and other Parish matters will also be available on the website: <http://www.holyspiritparish.org.au>

THE Parish Office will also be closed, however, the staff will be monitoring the phone, mail and emails. Please ring the Parish Mobile number: 0434 224 483 and leave your name and contact number and we will return your call as soon as possible. Email: ringwoodnorth@cam.org.au

IN THE PEACE OF CHRIST— RECENTLY DECEASED: Katie O'Dwyer

ANNIVERSARIES OF DEATH: Con Canty, Lillian Pathe, Kathleen Dingle, Carmela Martinii, Bela Feher, Glynis Kay, Elizabeth Watson, Liz Meagher, Allen Porter, Peter Heskett, Bernard Connolly, Suzie Mascarenhas

PLEASE PRAY FOR THE FOLLOWING SICK: Ben Lobo, John, Angela Damora, Warren Darbyshire, Claire Snaidero, Pam Rowe, Stella & family, Deb Neilsen, Pauline Curlis, Sean Hill, Valerie Mason

Readings this week: Isaiah 55:1-3; Romans 8:35-39; Matthew 14:13-21

The Word, Spirit Magazine and "Spirit Extra" are available online at <http://www.holyspiritparish.org.au>

HOLY SPIRIT THANKSGIVING OFFERINGS:

Envelopes: \$
 Credit Cards: \$
 Direct Debits: \$
TOTAL LAST WEEK: \$

PRESBYTERY COLLECTION:

Envelopes: \$
 Loose collection: \$
TOTAL: \$

THANK YOU to everyone who supports Holy Spirit Parish financially. PLEASE ADVISE THE PARISH HOUSE IF YOUR CREDIT CARD IS LOST/STOLEN OR YOUR CREDIT CARD NUMBER HAS CHANGED.

The Parish will rely on continuing contributions through the Thanksgiving program to meet our expenses for day to day operations. If you would like to drop your envelope into the office, please ring to arrange a drop off or pick up time.

This may be an opportune time to change over to Direct Debit or Credit Card contributions. Should you wish to make this change, please call the parish office on **0434 224 483**

Holy Spirit Parish Vision

At Holy Spirit Parish, we are an inviting community inspired by the Holy Spirit; welcoming everyone to worship, grow, belong and serve together as Disciples of Christ.



Holy Spirit is a child safe parish. At Holy Spirit we hold the care, safety and well being of children and young people as a central and fundamental responsibility of our parish.

18th Sunday in Ordinary Time

"Jesus said to them, 'There is no need for them to go away; give them some food yourselves'." (Matthew 14:16)

This is what Jesus said right before he fed the five thousand men. How often do we really place our trust in Jesus when the situation looks grim? With Jesus, no gift is too small or insignificant when offered with love. But, we have to do our part. We should trust that Jesus will provide all that we need. We need to believe that Jesus has a better plan in store for us



St Vincent de Paul Society
good works

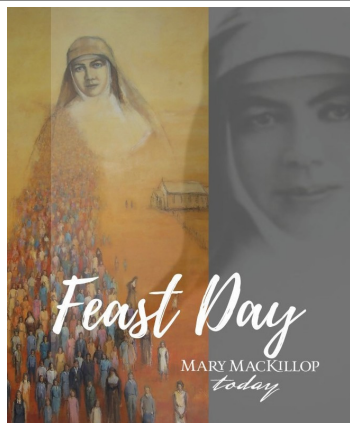
SOCIETY OF ST.VINCENT DE PAUL**HOLY SPIRIT CONFERENCE-RINGWOOD NORTH**

Maroondah City Council has provided Grants to organizations to assist in funding charitable work. Our Conference made an application to the Council through the Maroondah Emergency Relief Program and we were successful in being awarded a Grant of \$5,000.00.

This program clearly demonstrates that Maroondah City Council is firmly committed to the welfare of it's citizens and there is no doubt that the funding will be of significant benefit to the Conference in it's efforts to assist the needy in our Community.

On their behalf, Conference members extend gratitude to the Council and Staff.

Kevin O'Callaghan
 Conference President.



In the spirit of Mary MacKillop, we invite you to

"Take fresh courage."

For the ten year anniversary of Mary's canonisation, please give generously this Feast Day to continue her legacy.

TO DONATE

Call 02 8912 2777 or visit

marymackilloptoday.org.au/donate **Feast Day - 8 August 2020**

MARY MACKILLOP
today

EVERGREENS

Dear Evergreens,

We have been advised to put our Evergreen activities, (Meetings and Social Activities), on hold during the Corona-virus pandemic. We will advise you when we are able to resume. In the meantime, take good care of yourselves and please continue to support each other (by phone etc.)

If any further information is required, please ring Jean-(9876 2204) or Shirley- (9870 1396)



Join a Connect Group! Connect Groups are gatherings of 8 - 15 people who meet fortnightly to share scripture, discussion and life. Typically, people join Connect Groups after completing an Alpha course but anyone who is interested is welcome. The groups are intended to be forums where members are known, loved and cared for as they connect and grow together. Amazing things happen in Connect Groups.

The group leaders chosen to lead the discussions are ordinary people who know the importance of ensuring that the views of each member are heard and respected. Everyone's opinion is valuable and each different opinion gives us new insight, adding to our own understanding. You can feel free to say whatever you like or as little as you like, it's up to you.

Normally we'd meet in person and share a cuppa or a meal, but in these unusual times we will meet online and look forward to being in the same room sometime in the future.

Our first meeting will be **Wednesday 5 August at 7:30pm**. BYO Coffee and cake

RSVP by Sunday 2 August using Eventbrite:

<https://www.eventbrite.com.au/o/holy-spirit-parish-north-ringwood-19911987004>.

so we can send you a zoom invitation which will allow you to join the meeting online.

For further information call Yvette 040 787 3432 or Kerry 0407 764 302

Parish Zoom Chat with Fr Arsenio

The next fortnightly zoom chat is planned for Wednesday the 12th August @ 5 - 5.30 pm

Join with parishioners for a pre-dinner chat next Wednesday evening.

It's a great chance to see familiar faces and catch up on news.

Holy Spirit Parish's Zoom Meeting

[https://us02web.zoom.us/j/6319508706?](https://us02web.zoom.us/j/6319508706?pwd=WnlNaDZQMzFtMGVvUnV2WDUrelJmQT09)

[pwd=WnlNaDZQMzFtMGVvUnV2WDUrelJmQT09](https://us02web.zoom.us/j/6319508706?pwd=WnlNaDZQMzFtMGVvUnV2WDUrelJmQT09)

Meeting ID: 631 950 8706 Passcode: 2p7ssZ

Come alone or bring a family member or friend.

Please call Mary on 0410 654 357 for tech support if needed.

ALL WELCOME



Spirit Extra

Spirit Extra Eight will be available on the website this weekend.

<http://www.holyspiritparish.org.au/Spirit-Extra>

'The Blessing' Project

Hi everyone! To help keep our Parish community going during the COVID lockdown, we are starting another **choir-inspired** music video project. This time, we would like to involve as many people from the Parish as possible, especially families and children.

You may have seen a song called 'The Blessing' that has been sung throughout the world in a multitude of languages by Christians during COVID-19 to remind the world that God is with us and to give everyone a sense of belonging and unity. You can find some great versions on YouTube – just search for The Blessing. We would like to do a Holy Spirit Parish version of The Blessing. All you have to do is record a video of you or your family singing, playing, dancing or just waving along in time with the music. You can submit more than one video, and if you are a musician, we'd love to have you playing as well. A video with as many familiar faces as possible would be most uplifting to our community so please don't feel that you need to have musical talent to be involved. If you have a real aversion to singing feel free to just clap along to the song, tap a triangle, saucepan lid, sway, dance, hold up a sign of love, peace etc. This is about sharing something as a community. If you would like to be a part of this project please follow the instructions below.

How to record your video

You'll need a mobile phone with a camera, and someone to operate it (or use a stand if you have one). You can use the selfie camera if you like, but the rear camera will generally produce best results. If you aren't able to record a video, a photo of your family doing something would be fine.

You will need to sing/play/dance in time with the backing track. You can find the backing track on YouTube at this link <https://youtu.be/yWHQ9YRmXBg>.

If you are singing or playing an instrument, it would be good if you can listen to the backing track on ear-phones so it doesn't come out in your recording. For musicians, there is an attached lead sheet if you need it. The lyrics are also attached.

Once you have recorded your video, please contact Bill or Maree Buttler to arrange for it to be picked up. We can use a USB drive to transfer it, or you can upload it to YouTube and send us the link, or email your photo to us at billnmaree@optusnet.com.au (videos will probably be too big to email).

Once we have enough contributions, we'll put them together into a video collage that can be displayed on the Parish website and Facebook page. Get recording, and have fun!

Holy Spirit Web Site - www.holyspiritparish.org.au:

Stay in touch with our parish website.

- "News, Events": ref menu
- "Covid 19 News and Updates" (much of which is drawn from Jacinta's weekly email): ref home page & menu
- "How we stay connected", online resources such as Masses, Prayers, Newsletters, Next Zoom: ref home page
- >>>> We have changed our web address on Friday 03/07/2020. Refer the attached page for more info <<<<

Collection Notice

For information on the Parish's policies regarding information collection and privacy please refer to:

<http://www.holyspiritparish.org.au/Collection-Notice>

Our Parish Website has moved

We are now at www.holyspiritparish.org.au

As the heading says we have moved our web site. We are no longer at www.cam... Instead you can find us at: www.holyspiritparish.org.au.

There have been some useful changes which are best explained by reading these notes in conjunction with the image of our home page (next page).

1. The web site can now be searched. This is perhaps the best of the improvements. If you're looking for something and can't remember where it's placed start here.
2. If you are on a small form factor device (smart phone or table) you will see the "hamburger" in the top left corner. Click this to see the menu (3)
3. The Menu
 - a. The menu now sports "Covid 19". This is the full list of announcements we have made since the restrictions took place – mostly these come from Jacinta's weekly update. We also have the most recent two on the home page ("Covid 19 Updates" - refer 6). Previously we had the most recent one on the home page and the rest on another page that was a bit less obvious to find and much harder to maintain. This change is mostly of benefit to me ;)
 - b. "News, Events" has been revamped. It used to be a menu list of articles which were difficult to navigate and appreciate what they might contain. Now it is a series of summaries each with an associated image and details should you wish to "click-in". This means a more manageable interface and better user experience.
 - c. Contact Us can now fit on our menu. Previously it was only available by the phone icon in the top right corner which is not the first place many people would look.
4. The rotating banners are as they were – a number of standard (e.g. current Mass season which clicks through to mass times) and newly

featured items (e.g. click through the Choir image to see and hear our Choir in action) each of which allows the user to click-through to the content.

5. "Holy Spirit Parish Online – How we stay connected" is as it was – a place to click through to see a list of online resources such as weekly streamed masses and Zoom meeting updates, etc.
6. Covid 19 Updates. As explained in 3a, this is the most recent two announcements and you can "click here for more updates on Covid 19".
7. Welcome to Holy Spirit Parish. This too is unchanged and our Welcome message to the world.
8. Reflections. This is as it was, a reflection from our Parish Priest. However, a significant recent change is that a new reflection is added reliably each week. It doesn't matter how sophisticated the web site is if it has no interesting content. Now we have something valuable to share regularly. Thanks Father Arsenio! (Click "More Reflections..." to previous ones).
9. Tweets by @Pontifex is Pope Francis' Twitter Feed. This is as it was. It automatically updates daily. I have no interest in Twitter myself, but I feel that this feed is worthy of our time.
10. At Today's Readings you can find today's Bible readings courtesy of Melbourne Catholic (Catholic Archdiocese Melbourne).
11. The 8 Icons at the bottom of every page are technically the same. They are a quick way to navigate to main sections of the site. With the change I have taken the opportunity to give "Spirit Extra!" its own button (Helen can lay claim to this new small piece of "screen real estate" next to her "Spirit Magazine").
12. The Footer is unchanged. It too shows at the bottom of every page and tells people who and where we are and also has links to the legal type documents that is required of us.

Please zoom in to read see the markers and text on the image

Holy Spirit Parish
RINGWOOD NORTH

Home Our Parish New Parishioners Mass Times Sacraments Parish Groups Remembrance Covid 19 News Events Contact Us

1

2

3

4

Hear our Parish Choir sing "Abide O Spirit" - inspirational!

5

Holy Spirit Parish Online - How we stay connected

Our Parish operates online.

Click here to see how we stay connected.

Online resources such as Masses, Prayers, Newsletters, Next Zoom (Wed 15/07 7:30 p.m.) <<< last updated Friday 03 July, 10:42 a.m.

Register for our weekly Parish News email by clicking here: Ringwoodnorth@can.org.au

Following is a log of announcements that have been made since our lock down journey.

More specific online resources can be found [here](#).

6

Covid 19 Updates

2020 07 11 Parish AGM, Winter Shelter Update

Holy Spirit Parish AGM

Please join us on Wednesday 15th July at 7:30pm. Due to the current COVID restrictions this meeting will be held via Zoom.

Parish Groups, Sporting Clubs and School have been sent reports on their activities and how COVID has affected them.

Topic: Holy Spirit AGM
Time: Wednesday, July 15th, 2020 07:30 PM
Zoom details: Please book via the Parish House

Winter Shelter Update

Refer the [WS Newsletter July 2020.pdf](#).

[Read more](#)

2020 07 10 Fr. Arsenio update re. Stage 3 Lockdown and cessation of services

My dear friends in Christ,

We are just returning to our normal ways and who would have thought we find ourselves back again to stage 3 lockdown. Premier Dan Andrews' announcement of at least 6 weeks lockdown was distressing and disappointing for us all. This affects everyone in many different ways. As far as parish life is concerned, this means unfortunately no more Masses. Churches and chapels are to be closed for weeks ahead but limited sacraments are allowed with 10 people for funerals and 5 people for weddings.

We may find this pandemic era as the worst of times but it is indeed the best of times to show our sense of personal discipline and our willingness to show our spirit of solidarity and resilience. We have a faith that unceasingly prays and we absolutely trust, with Jesus in our midst, that we will overcome this together and move forward to a better life ahead of us all. Stay safe and God bless us all!

Fr. Arsenio

[Click here for more updates on Covid 19](#)

7

Welcome to Holy Spirit Parish

Welcome to our Parish Website. This parish is situated at Ringwood North in the Catholic Archdiocese of Melbourne.

The Holy Spirit Parish Vision

AT HOLY SPIRIT PARISH WE ARE AN INVITING COMMUNITY
INSPIRED BY THE HOLY SPIRIT. WELCOMING EVERYONE
TO WORSHIP, GROW, BELONG AND SERVE TOGETHER
AS DISCIPLES OF CHRIST

We aim to make our parish a missionary parish based on the five pillars of Church life - Worship, Evangelization, Discipleship, Community and Ministry. To actualise this dream we are currently working on Divine Renovation based on Alpha.

Since its inception in 1972, Holy Spirit Parish has moved through many stages of development and today continues to strive to be a vibrant community of faith within the Archdiocese. The number of people involved in the sacramental and outreach programmes helps us to bear witness to Christ in our day today life.

We invite you to become part of Holy Spirit parish family by worshipping at Holy Mass, participating in our many activities and service opportunities, and giving your time and talent. Please feel free to come and visit us or contact the parish office if you require further assistance.

8

Reflections

[Reaping the rich harvest of God's goodness](#)

Saturday 11th July 2020

Reaping the rich harvest of God's goodness

Jesus compares the word of God, intended to produce fruit in our lives, to seed sowed in the earth by the farmer. The seed of the word of God is first planted in our hearts. If it doesn't get our whole hearted attention in our lives, it withers and dies. Growth in the life of Christ is not always a smooth and straightforward process. The different types of soil can be the varied response we make to His word depending on the twists and turns of life. When we meet with disappointments and setbacks, obstacles may pile up against our good intentions and weakens our choices. Moments like this call for deep faith. No matter what the situation, we have to struggle to believe.

[Read more](#)

[More Reflections...](#)

9

Tweets by @Pontifex

Pope Francis @Pontifex
Faith is either necessary or it is no faith at all. Faith takes us out of ourselves and toward others. Faith must be transmitted, not to convince but to offer a treasure. Let us ask the Lord to help us live our faith with open doors: a transparent faith.

Jul 8, 2020

Pope Francis @Pontifex
On the anniversary of my visit to #Lampedusa, let us pray that we might discover the face of Jesus in all people forced to flee their homeland because of the many regulations that continue to afflict our world. @R_Radon

Jul 8, 2020

[Embed](#) [View on Twitter](#)

10

Today's Readings

Today's readings are provided by Melbourne Catholic, a publication of the Communications Office of the Catholic Archdiocese of Melbourne

11

 Parish Calendar	 Newsletter - Weekly	 Magazine - Quarterly	 Spirit Extra!
 Parish Groups	 Parish Directory	 Links	 Next Alpha

12

120 Olan Rd
120 Olan Rd, Ringwood North VIC 3134

View larger map

Address: 120 Olan Road, Ringwood North VIC 3134 AUSTRALIA
Phone: 03 9676 3077
Email: ringwoodnorth@can.org.au

The Archdiocese is committed to the safety, wellbeing and dignity of all children and vulnerable adults.

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WHAT'S HAPPENING IN WINTER SHELTER 2020

Hello Winter Shelter Volunteers

We are fortunate to have over 300 volunteers registered to help in our Winter Shelter program, but as you know, this year has been very different and we have not been able to place everyone into volunteering roles. Because of Covid18 we have encouraged our senior aged volunteers to come out of home to participate in our rostered "on ground" programs. Instead, many of you are cooking or baking at home and this is an enormous help, thank you. Our current programs require volunteers from the late afternoons and this also limits some volunteers availability because many are

working. Over May and June we distributed more than 1200 meals made by our volunteers and including some donated by RACV and Fairshare. We have been busy!

However, we do still need your help. If you are not already volunteering or would like to do more, here are some ways to help:

- we really need warm socks and underwear for men (new)
- we need toiletries such as toothpaste, toothbrushes, shampoo, soap
- we would love your home baked slices, biscuits for our Wednesday, Sunday or Mondays (please package individually or in small quantities)
- donations of fresh fruit, and individual small bottles of water for Wednesday, Sunday or Mondays (please deliver them to any of the venues we are distributing meals from - or check with us)
- Volunteers for the Shower program in East Ringwood on Tuesdays 1.00pm-3pm and Thursdays 10am-12pm. It is an easy role and really just means being there with another volunteer to supervise the use of the facility.
- Cooking 8 serves of meals for Wednesday nights (we can pick up)

If you can assist with any of these requests please let us know.

CONTAINERS for VOLUNTEER COOKS

Please let us or your volunteer driver know ASAP, if you need more containers to put your cooked meals into.

YOU CAN ALSO HELP

Ringwood Church of Christ is preparing to start a takeaway lunch program.

They need volunteers. If you are available here are the details:

Ringwood Church of Christ are recommencing a take away soup lunch on Thursdays from July 16 as part of our Nourish program – Physically Distant but Socially Connected. As with many of our voluntary programs among our churches, many of our team are in the at risk groups and unable to help for the time being. We would welcome additional soup makers – this can be on the day in our kitchen, at home and delivered or frozen and delivered on Wednesdays between 10am and 12 noon. Contact Andrea Salmon on: 0408 795 014 if you would like further information.

Thank you everyone,

Gitta & Beth

0451 744 453 (Gitta)

gitta.clayton@chbc.org.au

boswalds1@gmail.com

FIRST READING

Isaiah 55.1-3
Come, buy and eat!

A reading from the book of the prophet Isaiah.

The Lord says this:

- 1 “Everyone who thirsts, come to the waters;
and you that have no money, come, buy and eat!
Come, buy wine and milk without money and without price.
2 “Why do you spend your money for that which is not bread,
and your labour for that which does not satisfy?
Listen carefully to me, and eat what is good, and delight yourselves in rich food.
3 “Incline your ear, and come to me; listen, so that you may live.
I will make with you an everlasting covenant, my steadfast, sure love for David.”

The word of the Lord.

RESPONSORIAL PSALM

Psalms 145.8-9, 15-16, 17-18 (R.16)

R. You open your hand to feed us, Lord; you answer all our needs.

8 The Lord is gracious and merciful, slow to anger and abounding in steadfast love.

9 The Lord is good to all, and his compassion is over all that he has made. **R.**

15 The eyes of all look to you, and you give them their food in due season.

16 You open your hand, satisfying the desire of every living thing. **R.**

17 The Lord is just in all his ways, and kind in all his doings.

18 The Lord is near to all who call on him, to all who call on him in truth. **R.**

SECOND READING

Romans 8.35, 37-39

*Nothing in all creation will be able to separate us
from the love of God in Christ Jesus our Lord.*

A reading from the letter of Paul to the Romans.

- 35 Who will separate us from the love of Christ?
Will hardship, or distress, or persecution,
or famine, or nakedness, or peril, or sword?
37 No, in all these things we are more than conquerors
through him who loved us.
38 For I am convinced that neither death, nor life,
nor angels, nor rulers,
nor things present, nor things to come, nor powers,
39 nor height, nor depth, nor anything else in all creation,
will be able to separate us
from the love of God
in Christ Jesus our Lord.

The word of the Lord.

No one lives on bread alone,
but on every word that comes from the mouth of God.

G O S P E L

Matthew 14.13-21
All ate and were filled.

A reading from the holy gospel according to Matthew.

13 When Jesus heard that Herod had beheaded John the Baptist,
he withdrew in a boat to a deserted place by himself.

But when the crowds heard it,
they followed him on foot from the towns.

14 When he went ashore, Jesus saw a great crowd;
and he had compassion for them and cured their sick.

15 When it was evening, the disciples came to him and said,
“This is a deserted place, and the hour is now late;
send the crowds away so that they may go into the villages
and buy food for themselves.”

16 Jesus said to them,
“They need not go away;
you give them something to eat.”

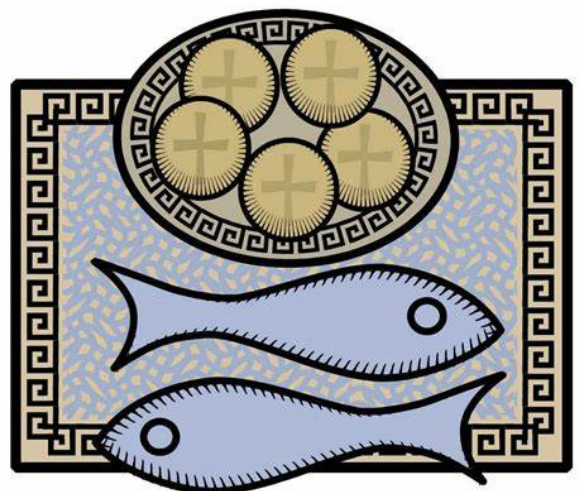
17 They replied,
“We have nothing here but five loaves and two fish.”

18 And he said, “Bring them here to me.”

19 Then Jesus ordered the crowds to sit down on the grass.
Taking the five loaves and the two fish,
he looked up to heaven,
and blessed and broke the loaves,
and gave them to the disciples,
and the disciples gave them to the crowds.

20 And all ate and were filled;
and they took up what was left over of the broken pieces,
twelve baskets full.

21 And those who ate were about five thousand men,
besides women and children.
The gospel of the Lord.



Reflection.

Jesus did not feed the stranded crowd at the edge of the sea of Galilee all on his own. He accomplished it with the help of his disciples who were reluctant to accept responsibility for the hungry people. Challenged by Jesus to use their own resources, they remembered having five loaves and two fishes which they brought to him. The little they had when placed in the hands of Jesus turned out to be more than enough for all. In our own eyes it may seem of little account but it is what the Lord has given us and expects us to use in his service. It may be our ability to be a good neighbour, a caring listener, or a willing member of our community. In whatever way, we minister to the needs of others, show the compassion of Christ and extend his friendship. We are reminded that when we gather around the altar, we make an offering of self and accept the challenge of Jesus to do what we can for the food of others. He receives our gifts in the same manner as he accepted the five loaves and two fishes from the disciples, and gives them value. The Lord sends us forth to give as we have received, to forgive as we have been forgiven, and to love as we have been loved. Stay well and safe!- Fr. Arsenio.



Prayers of Intercession

Dear Friends. The Lord gives us all we need, let us therefore turn confidently in prayer to Him.

For our Holy Father Pope Francis, our Bishops and all who lead us in faith; may they sustain us in fidelity to Christ and to the Church.

LORD HEAR US

For our priests, deacons and religious, especially those in our community; may our prayers and support sustain them in fidelity and courage.

LORD HEAR US

For those who suffer in our community from physical, emotional and spiritual pain; may Christ console and strengthen them.

LORD HEAR US

For all young people, may they put their trust in the things of God by responding to the call to a vocation to priesthood and consecrated life.

LORD HEAR US

For those suffering at this time from the effects of the global pandemic; may they continue to turn to God in their needs.

LORD HEAR US

We pray for those who have died recently, Katie O'Dwyer, and for those whose anniversaries of death occur at this time:

Con Canty, Lillian Pathe, Kathleen Dingle, Carmela Martini, Bela Feher, Glynis Kay, Elizabeth Watson, Liz Meagher, Allen Porter, Peter Heskett, Bernard Connolly and Suzie Mascarenhas.

May they rest in the loving arms and peace of Christ.

SPIRITUAL COMMUNION,

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

St. Alphonsus Liguori

