



The Word WEEKLY BULLETIN



Parishes of Holy Spirit, St Anne & St Gerard.

15th Sunday in Ordinary Time, 10-11 July 2021

Parish Priest: Fr. Arsenio Tuazon
Pastor Emeritus: Fr. John Dupuche

HOLY SPIRIT PARISH

120 Oban Road, Ringwood North 3134

Phone: 98763077 or 98763717

Email: Ringwoodnorth@cam.org.au

Website: www.holyspiritparish.org.au

Office Hours: Tuesday-Friday 9am-4pm, closed Mondays

PASTORAL ASSOCIATE

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PARISH SECRETARIES

Ruth Frangeskakis ruth.frangeskakis@cam.org.au

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HIGH SPIRITS COORDINATORS

Etta D'Souza

Elma Gama

PARISH HOSTESSES

Mary Yeo and Kerry O'Leary

SCHOOL PRINCIPAL—Holy Spirit

Duncan Arendse —9876 1103

PARISH PASTORAL COUNCIL

Secretary ppc-sec@holyspiritparish.org.au

FETE COMMITTEE

John Cilia (Chairperson) - fete@holyspiritparish.org.au

PARISH OF ST GERARD AND ST ANNE

St Gerard's: McCulloch Street, Warrandyte 3113

St Anne's: 54 Knees Road, Park Orchards 3114

Phone: 9876 1509

Fax: 9876 6179

Email: ParkOrchards@cam.org.au

Website: www.cam.org.au/parkorchardswarrandyte

Office Hours: Tuesday-Friday 9am-3pm, closed Mondays.

PARISH SECRETARIES

Ana Saro

Tuesday & Wednesday

Kerry McGowan

Thursday & Friday

SCHOOL PRINCIPAL—St. Anne's

Michael Edmonds—9876 1533

EMAIL SCAM ALERT

If you receive an email from

Father Arsenio Tuazon <headoffice61965@gmail.com>

Hi, are you available via email?

Sent from my iPhone

PLEASE DO NOT RESPOND THIS IS A SCAM.

PLEASE NOTE:

IN ACCORDANCE WITH INSTRUCTIONS FROM THE PREMIER AND THE BISHOPS OF VICTORIA, MASSES WILL BE CELEBRATED ON WEDNESDAY & FRIDAY MORNINGS, SATURDAY EVENING AND SUNDAY MORNING & EVENING. PLEASE SEE THE NOTICE ON PAGE 2 FOR MORE DETAILS.

Readings, Prayers of Intercession and a Gospel reflection are included in the word, which is available from the parish web site:

www.holyspiritparish.org.au/The-Word-Newsletter

Recorded Masses available at: www.holyspiritparish.org.au/Online-Resources

Important information, Spirit Extra, the Spirit Magazine and other Parish matters are available on the website:

www.holyspiritparish.org.au

The Parish Office will be attended most days and the staff continue to monitor the phone, mail and emails regularly.

Please ring the regular parish phone numbers (9876 3077 or 9876 3717) to speak to staff. If the office is unattended at the time, please leave your name and contact number and we will return your call as soon as possible.

Email: ringwoodnorth@cam.org.au

IN THE PEACE OF CHRIST—RECENTLY DECEASED: Angelo Silvestrini

ANNIVERSARIES OF DEATH: Enzo Angelico, Molly Mitchell, Afra Bettiol, Ray Steele, Jan Creber, Gerard Kennedy, Kathryn Pilsbury, Michael Plostins, Annette Ali, Maureen Pote and Maisie Hibbertson

PLEASE PRAY FOR THE FOLLOWING SICK: Ben Lobo, Angela Damora, Warren Darbyshire, Stella & family, Deb Neilsen, Pauline Curlis, Sean Hill, Valerie Mason, Dominique, Paul Sanderson, Christopher Woolley

Readings this week: Amos 7:12-15; Eph 1:3-14; Mark 6:7-136

The Word, Spirit Magazine and "Spirit Extra" are available online at www.holyspiritparish.org.au

Dear Holy Spirit Parishioners

Regular Mass arrangements:

With slight easing of restrictions, we can now have 120 people attend mass while still maintaining the 1 person per 2 square meter rule. **At this stage, booking are no longer required**, however, with constant changing of restrictions, this may be reviewed again.

To comply with COVID regulations, anyone attending mass will need to use the QR code for electronic contact tracing purposes.

You will need to bring your mobile phone to use the QR code system. If you do not have a phone, or your phone does not work with the QR system, there will be welcomers on duty to assist. For your convenience and to relieve congestion at the entrance, the code has been stuck to the back of each seat in the church. Please arrive early to ensure you are seated and registered well before Fr Arsenio is ready to commence Mass.

Weekend Masses are Saturday evening at 6pm, Sunday morning at 9am and 5pm in the Church.

Please note: under current guidelines, our maximum capacity in the church is **120**.

Wednesday & Friday morning Masses will be celebrated at **9:15am** in the Chapel. The capacity is 15. This will be reviewed weekly, depending on numbers attending..

All Masses will continue to be celebrated under guidelines, which have been approved by Archbishop Comensoli.

Under no circumstances should anyone awaiting test verification, including Clergy (even without presenting symptoms) attend a church or parish setting until a diagnosis is confirmed. Additionally, under no circumstances should anyone attend who is closely connected to people who are awaiting test results or who have tested positive.

The restrictions are as follows:

- **You must wear a face mask indoors.**
- **Sanitize your hands on arrival.**
- **Sanitise your hands as you approach Father for communion.**

The chairs are not to be moved from the pre marked space.

Communion during covid-19 at this time may only be taken by hand.

Fr Arsenio



Holy Spirit is a child safe parish. At Holy Spirit we hold the care, safety and well being of children and young people as a central and fundamental responsibility of our parish.

Holy Spirit Web Site - www.holyspiritparish.org.au:

Stay in touch with our parish website.

- "News, Events": ref menu
- "How we stay connected", online resources such as Masses, Prayers, Newsletters, Next Zoom: ref home page

Collection Notice

For information on the Parish's policies regarding information collection and privacy please refer to:
<https://www.holyspiritparish.org.au/Collection-Notice>

Holy Spirit Parish Vision

At Holy Spirit Parish, we are an inviting community inspired by the Holy Spirit; welcoming everyone to worship, grow, belong and serve together as Disciples of Christ.

EVENTS THIS COMING WEEK - 12th-18th July 2021

MONDAY	School resumes for Term 3, 5.30-6.30 pm High Spirits, Community Centre
TUESDAY	9.15-10.00 am Meditation, Holy Spirit Chapel 7.00 pm Rosary via Zoom 8.00 pm Prayer Group, Holy Spirit Chapel
WEDNESDAY	9.15 am Mass, Holy Spirit Chapel 7.00 pm First Eucharist Parent Information Night
THURSDAY	6.00 pm Meditation, Holy Spirit Chapel 8:00-9:00 pm Choir, Holy Spirit Chapel
FRIDAY	9.15 am Mass, Holy Spirit Chapel
SATURDAY	6.00 pm Vigil Mass, Holy Spirit Church
SUNDAY	VINNIES WINTER APPEAL WEEKEND 9.00am Mass, Holy Spirit Church 5.00pm Mass, Holy Spirit Church

HOLY SPIRIT ROSTERS FOR NEXT WEEKEND 17th-18th July 2021

Web: www.cam.org.au/ringwoodnorth/Parish-Groups/Parish-Rosters

Mass Coordinator:

6.00 pm: Jacek Holewa

9.00 am: Bernadette Loughron

5.00 pm: Volunteer please

Lectors:

6.00 pm: Vin Dwyer

9.00 am: Jay de Graff

5.00 pm: Volunteer please

Welcomers:

6.00 pm: Dale Sebire and Maureen Taffe

9.00 am: Shelah Batson and Maryann Street

5.00 pm: Volunteers please

Ministers of Communion:

6.00 pm: Monica Howgate

9.00 am: Silvio/Ada Volombello

5.00 pm: Volunteer please

Tea & Coffee:

6.00 pm:

9.00 am: Bill and Trish Lanigan

Garden Maintenance: Ian Stuart

As we resume our "Covid normal" celebration of Mass, we will be returning to some of our usual practices. Everything we do must be in accordance with the DHHS guidelines, so there will be some changes to the way we operate! **We particularly need volunteers for the 5pm Sunday Mass.**

If you would like to volunteer in any way, please contact Ruth: ruth.frangeskakis@cam.org.au

PARISH DATA BASE UPDATE

Please remember to advise the parish staff of your current phone and email details so we can update our database. You can either return the data sheet sent to you or email: Ringwoodnorth@cam.org.au
Thank you.

On the Journey this week:

Mgr Graham Schmitzer says this Gospel challenges us to be active not passive followers. It should make us uncomfortable, realising God depends on us to do the work. Mother Hilda says we have two choices when facing hardships – to either rant & rave & carry on or bring the hardship & those causing it into God's presence. A Faith Testimony from Sharon Brewer, Canberra ACT. And Michelle Vass explains the difference between gratefulness & thanksgiving Plus, more great music!

Visit www.jcr.org.au or www.itunes.jcr.org.au where you can listen anytime and subscribe to weekly shows by email.

FIRST EUCHARIST 2021

Dear Parishioners

Father Arsenio has decided that our First Communion participants should receive their First Eucharist in a parish mass. Therefore First Communion Masses will be celebrated at all masses on the following dates, with up to 5 children and their families attending:

17/18 July

24/25 July

31 July/1 August

7/8 August

14/15 August

21/22nd August

28/29 August

4/5 September

11/12 September



There will still be ample seats for parishioners to attend the masses. We wish all the children and their families every blessing on this very special occasion.

Dear Parishioners

In order to maintain the capacity of 120 people attending Mass, we are required by law to have a Covid Marshall at each mass to support our welcomers.

Covid Marshalls will need to ensure that anyone attending Mass has checked in via the QR code or assist them if necessary.

If you would like to volunteer for this role, please contact Ruth at the Parish Office:

ruth.frangeskakis@cam.org.au or 9876 3077

Parish 50th anniversary.

Next year marks our 50th Anniversary. We would like expressions of interest from any parishioner who would like to join a subcommittee to plan our celebrations in March 2022.

Please contact the parish Office: ringwoodnorth@cam.org.au or 9876 3077.

NATSICC Palliative Care program

Aboriginal and Torres Strait Islander Peoples suffer from the worst health outcomes of any group in Australia. Hospital visits are more frequent and life expectancy is much lower than the Australian average.

NATSICC has developed the Palliative Care Packages to provide those at the end of their lives with items to ensure comfort, both physically and Spiritually.

The Packages include: Blankets, beanies, shawls, canvas and paints, notebooks with a pen

How can I help?

There are many ways you can help!

We are confident that the Catholic community as a whole can contribute to the project. School classes, lay groups, Parishes and individuals are encouraged to look below and see where your skills and gifts might be best utilised.

Knitting or crocheting

Are you handy with the needles or hooks? We are always accepting beanies, blankets and quilts for inclusion in the packages. There are strict regulations regarding the sizes, materials and construction of the blankets going into Hospitals, Hospices and Palliative Care Services. Before starting construction, please refer to the below guide:

BLANKETS: (Knitted and crocheted): MUST be 8 ply acrylic wool, Squares must be 20cm x 20cm

Whole blankets MUST be 125 cm x 112 cm (or close to this size). All colours are acceptable.

For more information on the project and to find out where to send your finished items please visit <https://www.natsicc.org.au/palliative-care-packages.html>

St Vincent de Paul Society
WINTER APPEAL

In previous Winter Appeals, we have asked for non perishable foods and blankets, which you have generously provided.

This year our very supportive Parish School have committed to provide 18 baskets of non-perishable foods, so our appeal to the parish is for cash donations.

Our presence in the community to assist people experiencing poverty and disadvantage is steadfast and will continue with your support.

The disadvantaged we assist quite often experience difficulties in paying high utility, medical & pharmaceutical costs, overdue rents and other unforeseen expenses.

We have placed "Vinnies Donation" envelopes on the table in the foyer.
There are 2 options:

- Online at our website: vinnies.org.au (your donation can be directed to North Ringwood Conference by nominating us in the comments field)
- Over the phone by calling 131812 (again nominate North Ringwood Conference when speaking to the operator)

Your donation will make a difference to the lives of those living in poverty & disadvantage.



Engaging with 'Take the Way of the Gospel'

Proclaim: The Office for Mission Renewal, warmly invites you and your community to engage with the heart of this renewed vision for our Archdiocese through prayerful reflection and dialogue.

1. 'Take the Way of the Gospel': Together we Pray

You are invited to take up the invitation from Archbishop Comensoli to pray for our Archdiocese as we begin the journey of 'Take the Way of the Gospel'. This significant time of discernment begins with prayer and with calling upon the Holy Spirit to lead and guide us.

To allow for differing availabilities, each week the same session will be run twice:

Wednesdays 7.30–8.00pm: 7 & 14 July.

Thursdays 12.30–1.00pm: 8 & 15 July (repeat sessions)

Go to <https://melbournecatholic.org/about/mission> to find the link

15th Sunday in Ordinary Time

"He instructed them to take nothing for the journey but a walking stick – no food, no sack, no money in their belts." MARK 6:8

Imagine taking nothing but a stick when you go on a trip. The Apostles must have really trusted in God's providential care. Think of all the material things "we can't live without" in today's world. We make our life's journey more difficult because of all the material baggage that we drag along. Putting God first in everything and putting our money and possessions second gives us freedom because we don't become "slaves" to wanting to acquire more things.

Prayers of Intercession

Gathered together in faith and with steadfast hope in Christ, we bring our prayers to the Father.

Loving God, the mission of the Gospel is at the heart of our life, worship and outreach. We desire that our local faith communities be arranged to flourish and be effectively resourced spiritually, ministerially and materially. Help us to reimagine our parishes, united with each other, humbly discerning the best way forward. **LORD HEAR US**

For the Church; that we may each bring forth the reign of God in our work, our relationships and our communities.

LORD HEAR US

For our companions on the faith journey, for spouses, friends, co-workers and fellow parishioners; that we may be faithful witnesses to the work of God in one another's lives and honour our commitments to one another. **LORD HEAR US**

For all who are in need of healing; that the Spirit of God will renew and restore the gift of life within them. **LORD HEAR US**

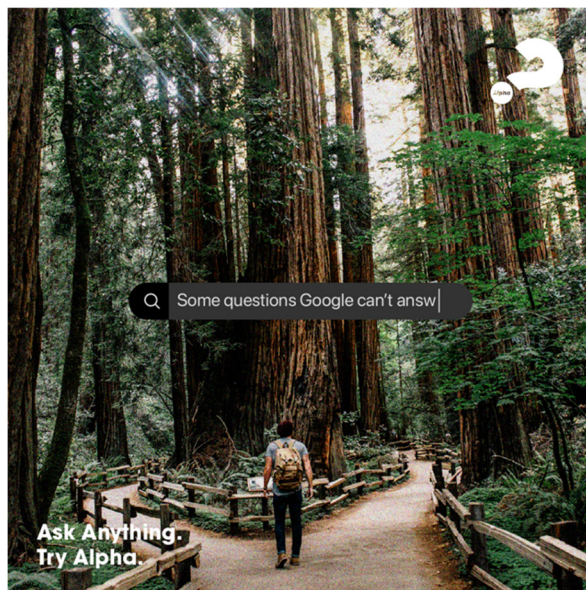
For the gift of peace; that God will strengthen and renew all who are working to be peacemakers.

LORD HEAR US

We pray for those who have died recently Angelo Silvestrini and those whose anniversaries of death occur at this time: Enzo Angelico, Molly Mitchell, Afra Bettiol, Ray Steele, Jan Creber, Gerard Kennedy, Kathryn Pilsbury, Michael Plostins, Annette Ali, Maureen Pote and Maisie Hibberson.

May they rest in the loving arms and peace of Christ. **LORD HEAR US**

Life can be so busy, we don't have time to take stock. Alpha is a 'timeout' where you can think about the big questions, listen to others, and discuss your own thoughts. None of us know it all, but together we can seek some answers.



Alpha is a friendly informal opportunity for people of all ages and beliefs to explore the big questions about life, faith and God.

Try Alpha Online

Sunday 1st August 2021, 7:30-8:45pm

via [Zoom](#) – link to be sent directly to those who register via Eventbrite

Further details and registration: <https://www.holyspiritparish.org.au/alpha>

Link to short Try Alpha video: <https://player.vimeo.com/video/182479526>



'Mindfulness & Meditation via Zoom, 1hr x 4 Tuesday nights, 7.30pm-8.30pm, 6-27 July 2021'. This is an evening series on the practice of contemplative mindfulness and meditation. It provides input and guidance, encouraging regular practice within a supportive group. The series is led by Paola Cheng, a qualified meditation teacher, spiritual director and social worker, who brings an inclusive and gentle approach to her sessions. Heart of Life Centre for Spiritual & Pastoral Formation. Cost \$50. Book and pay via website www.heartoflife.melbourne, email info@heartoflife.melbourne or tel 9890 1101.

'Reframing Retirement', Saturday 24 July 2021, 10am-3pm. Does our sense of vocation or calling end with Retirement? Does the final 'third' of life signal a decline, or an opportunity to encounter an unexplored terrain of life...and of oneself? And what can our faith journey become at this time of transition? Whether voluntary or involuntary, Retirement can be a wake-up call, summoning us to reframe our vision and our purpose. This reflection day is led by Simon Jenkinson, qualified clinical psychologist and spiritual director. Heart of Life Centre for Spiritual & Pastoral Formation, Rear 41 Stanhope St, Malvern VIC. Cost \$60 (morning tea provided, BYO lunch). Book and pay via website www.heartoflife.melbourne, email info@heartoflife.melbourne or tel 9890 1101.

"Heart of Life is offering an "At-home Retreat – Moments that are Grace" – over five weeks, beginning Tuesday, 3 August and concluding 31 August. This at-home retreat, invites you to spend some time in prayer at home each day pondering your experiences of the day, and to be accompanied by a retreat-companion on how God might have been present for you. To register your interest, please call 9890 1101 or email info@heartoflife.melbourne, no later than 28 July

'Discernment Seminar' via Zoom & in-person, 14 x Tuesdays, 9.15am-11am (AEST), 20 Jul - 16 Nov 2021. This seminar focuses on the movements of God's Spirit and spirits not-of-God in our lives and in our ministries. Discernment of spirits and discernment of God's will are explored. The series is led by Paul Beirne (MA, MDiv, DMin, PhD, Cert Spir Dir, Supervisor: Australasian Assoc of Supervision), Director of Heart of Life Centre for Spiritual & Pastoral Formation. Cost \$450. Book and pay via <https://www.trybooking.com/BSUVX>, email secretary@heartoflife.melbourne, or tel (03) 9890 1101.

SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You.

Never permit me to be separated from You. Amen.

St. Alphonsus Liguori



FIRST READING

Amos 7.12-15

Go, seer, and prophesy to my people.

A reading from the book of the prophet Amos.

12 Amaziah, the priest of Bethel, said to Amos,

“O seer, go, flee away to the land of Judah,
earn your bread there, and prophesy there;

13 but never again prophesy at Bethel, for it is the king’s sanctuary,
and it is a temple of the kingdom.”

14 Then Amos answered Amaziah,

“I am no prophet, nor a prophet’s son;
but I am a herdsman, and a dresser of sycamore trees,

15 and the Lord took me from following the flock,
and the Lord said to me,

‘Go, prophesy to my people Israel.’”

The word of the Lord.

RESPONSORIAL PSALM

Psalm 85.8ab+9, 10-11, 12-13 (R.7)

R. Lord, show us your mercy and love, and grant us your salvation.

8 Let me hear what God the Lord will speak,
for he will speak peace to his people.

9 Surely his salvation is at hand for those who fear him,
that his glory may dwell in our land. **R.**

10 Steadfast love and faithfulness will meet;
righteousness and peace will kiss each other.

11 Faithfulness will spring up from the ground,
and righteousness will look down from the sky. **R.**

12 The Lord will give what is good,
and our land will yield its increase.

13 Righteousness will go before him,
and will make a path for his steps. **R.**

SECOND READING

Ephesians 1.3-14

God chose us in Christ before the foundation of the world.

A reading from the letter of Paul to the Ephesians.

3 Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places.

4 Before the foundation of the world God chose us in Christ to be holy and blameless before him in love.

5 God destined us for adoption as his children through Jesus Christ, according to the good pleasure of God's will,

6 this is for the praise of his glorious grace that God freely bestowed on us in the Beloved.

7 In Christ we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace

8 that he lavished on us. With all wisdom and insight

9 God has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ,

10 as a plan for the fullness of time, to gather up all things in Christ, things in heaven and things on earth.

11 In Christ we have also obtained an inheritance, having been destined according to the purpose of God who accomplishes all things according to his counsel and will,

12 so that we, who were the first to set our hope on Christ, might live for the praise of his glory.

13 In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit.

14 This is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

The word of the Lord.

GOSPEL ACCLAMATION

Alleluia, alleluia

May the Father of our Lord Jesus Christ enlighten the eyes of our heart that we might see how great is the hope to which we are called.

Alleluia

G O S P E L

Mark 6.7-13

Jesus called the twelve and sent them out two by two.

@ A reading from the holy gospel according to Mark.

7 Jesus called the twelve and began to send them out two by two, and gave them authority over the unclean spirits.

8 He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts;

9 but to wear sandals and not to put on two tunics.

10 Jesus said to them,

"Wherever you enter a house, stay there until you leave the place.

11 If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them."

12 So the twelve went out and proclaimed that all should repent.

13 They cast out many demons, and anointed with oil many who were sick and cured them.

The gospel of the Lord.