



# The Word WEEKLY BULLETIN



Parishes of Holy Spirit, St Anne & St Gerard.

**Nineteenth Sunday in Ordinary Time, 12-13 August 2023**

**Parish Priest: Fr. Arsenio Tuazon**

**Pastor Emeritus: Fr. John Dupuche**

## CATHOLIC CARE SUNDAY APPEAL

### HOLY SPIRIT PARISH

120 Oban Road, Ringwood North 3134

Phone: 70369395

Email: [Ringwoodnorth@cam.org.au](mailto:Ringwoodnorth@cam.org.au)

Website: [www.holyspiritparish.org.au](http://www.holyspiritparish.org.au)

Office Hours: Tuesday-Friday, closed Mondays

### PASTORAL ASSOCIATE (Wednesday to Friday)

Jacinta Bibby [jacinta.bibby@cam.org.au](mailto:jacinta.bibby@cam.org.au)

### PARISH SECRETARIES

Ruth Frangeskakis [ruth.frangeskakis@cam.org.au](mailto:ruth.frangeskakis@cam.org.au)

Jenny Philp [jenny.philp@cam.org.au](mailto:jenny.philp@cam.org.au)

### HIGH SPIRITS COORDINATOR

Elma Gama

### PARISH HOSTESS

Mary Yeo

**MASS TIMES:** Wednesday & Friday 9:15am

Saturday 6pm

Sunday 9am & 5pm

### SCHOOL PRINCIPAL—Holy Spirit

Duncan Arendse —9876 1103

### PARISH PASTORAL COUNCIL

Secretary [ppc-sec@holyspiritparish.org.au](mailto:ppc-sec@holyspiritparish.org.au)

### FETE COMMITTEE

Adam Stone (Chairperson) - [fete@holyspiritparish.org.au](mailto:fete@holyspiritparish.org.au)

### PARISH OF ST GERARD AND ST ANNE

St Gerard's: McCulloch Street, Warrandyte 3113

St Anne's: 54 Knees Road, Park Orchards 3114

Phone: 7064 3922

Email: [ParkOrchards@cam.org.au](mailto:ParkOrchards@cam.org.au)

Website: [www.cam.org.au/parkorchardswarrandyte](http://www.cam.org.au/parkorchardswarrandyte)

### PARISH SECRETARY

Kerry McGowan

### Office Hours:

TUES 1.30pm to 3.45pm

WED 1.30pm to 3.45pm

THURS 11.30am to 3.45pm

FRI 12.30pm to 3.45pm

### Masses:

**Tuesdays** 9am St Gerard's Warrandyte

**Sundays** 10:30am—1st Sunday of the month @  
St Anne's, every other Sunday at St Gerard's.

### SCHOOL PRINCIPAL—St. Anne's

Michael Edmonds—9876 1533

**IN THE PEACE OF CHRIST—RECENTLY DECEASED:** Jim Quinlan

**ANNIVERSARIES OF DEATH:** Phil Meyer, Warren Trompf, John O'Leary, Bill Hawkins, Pauline Bushell, Ellen Verner, Mike O'Callaghan, John O'Dwyer, Helen Gibb, Marc Barro, Robert Deller Snr, Anthony North

**PLEASE PRAY FOR THE FOLLOWING SICK:** Angela Damora, Stella & family, Sean Hill, Valerie Mason, Adrian Ness, Carol Vallance, Chris Neate, Edna Danelutti, Tyler, Helen, Justine, Dan Higgins, Christian Heskett, Will Laussen, Darren Brock, Kerry McIntyre, Lyn Read, Judy Kennedy, Pam, Angela Cannistra, Heather Doy, Evelyn Reinecke

**Readings this week:** Kings 19:9, 11-13; Romans 9:1-5; Matthew 14:22-33

## Holy Spirit Parish Vision

At Holy Spirit Parish, we are an inviting community inspired by the Holy Spirit; welcoming everyone to worship, grow, belong and serve together as Disciples of Christ.



**Holy Spirit is a child safe parish. At Holy Spirit we hold the care, safety and well being of children and young people as a central and fundamental responsibility of our parish.**

<u><b>EVENTS THIS COMING WEEK—14th-20th August 2023</b></u>	
<b>MONDAY</b>	7.00 pm St Vincent de Paul Meeting, Mary Bresnan Room
<b>TUESDAY</b>	9.15-10.00 am Meditation, Holy Spirit Chapel <b>7.00 pm Feast of the Assumption Mass, Holy Spirit Chapel</b> 8.00 pm Charismatic Prayer Group, Holy Spirit Chapel
<b>WEDNESDAY</b>	9.15 am Assumption School Mass, Holy Spirit Church 6.00 pm Rosary via Zoom
<b>THURSDAY</b>	7.30 pm Choir Practice, Holy Spirit Chapel
<b>FRIDAY</b>	9.15 am Mass, Holy Spirit Chapel
<b>SATURDAY</b>	6.00 pm Vigil Mass, Holy Spirit Church
<b>SUNDAY</b>	20th SUNDAY IN ORDINARY TIME 9.00 am Mass, Holy Spirit Church 5.00 pm Mass, Holy Spirit Chapel 4.00-5.00 pm High Spirits, Mary Bresnan Room 7.00-9.00 pm ALPHA, Mary Bresnan Room/Parish House

**ROSTERS FOR NEXT WEEKEND 19th-20th August 2023**

<b><u>Mass Coordinators:</u></b>		
<b>6.00 pm:</b> Sean Collins	<b>9.00 am:</b> Bernadette Loughron	<b>5.00 pm:</b> Volunteers required
<b><u>Lectors:</u></b>		
<b>6.00 pm:</b> Maureen Chamberlin	<b>9.00 am:</b> Don Schroder	
<b><u>Welcomers:</u></b>		
<b>6.00 pm:</b> Maureen Taffe	<b>9.00 am:</b> Nola Ryan	
<b><u>Ministers of Communion:</u></b>	<b>6.00 pm:</b> Barry Ward	<b>9.00 am:</b> Silvio & Ada Volombello
<b><u>Tea and Coffee:</u></b> <b>9.00 am:</b> Anna Fantin & Emma D'Aristotle		

**On the Journey this week:** Fr Mark De Battista says Jesus is inviting each of us to step out into the storms of life and go out to him and at that moment when you feel that force of the wind, keep your eyes fixed on Christ. Mother Hilda says observe how much life there is all around you, over which you have absolutely no control. Plus, Fr Tony Percy's Word reflection is "Effortless Mastery," Byron & Francine Pirola on couples arguing, Fr Mike Delaney is marvelling at light shards, and more great music! Visit [www.jcr.org.au](http://www.jcr.org.au) or [www.itunes.jcr.org.au](http://www.itunes.jcr.org.au) where you can listen anytime

Dear Parishioners

As a parish we will resume communion under both kinds, commencing the weekend 4<sup>th</sup>/5<sup>th</sup> August 2023.

The procedures for receiving Eucharist as outlined by the Australian Bishops Conference is as follows:

#### **GUIDELINES FOR EXTRAORDINARY MINISTERS OF COMMUNION**

6. When ministering the Blood of Christ, hold the chalice up as the communicant comes before you and address them with the words "The Blood of Christ" and allow them to reply "Amen". These ritual dialogues are expressions of the Catholic Church's faith and are spiritually formative. They should, therefore, not be replaced by other words.

7. Carefully hand the chalice over to the communicant and allow them to take a sip from the chalice and hand the chalice back to you. Be ready to provide assistance to children, the disabled and the elderly, as required. 8. Wipe both sides of the rim of the chalice with the purifier, then rotate the chalice enough to offer the next communicant a fresh surface from which to consume (GIRM 286).

#### **GUIDELINES FOR COMMUNICANTS**

12. When receiving Communion in the hand, the communicant might be guided by the words of St Cyril of Jerusalem (313-386AD): "When you approach, take care not to do so with your hand stretched out and your fingers open or apart, but rather place your left hand as a throne beneath your right, as befits one who is about to receive the King. Then receive him, taking care that nothing is lost" (Cat. Myst V. 21-22). Communicants who are left-handed are obviously free to receive Communion on whichever hand they feel most comfortable.

13. As a sign of reverence for the Body of Christ, communicants and ministers should ensure that their hands appear clean.

14. When the minister says "The Body of Christ", reply "Amen" (GIRM 161). When receiving in the hand, step to one side after receiving the host and consume the whole of it immediately. When receiving on the tongue, communicants should open their mouths sufficiently and position their tongue to facilitate easy reception of the host.

15. If desired, move to the minister with the chalice. When the minister says "The Blood of Christ", reply "Amen," receive the chalice, drink a little from it, and return the chalice to the minister.

**16. In keeping with Christ's command to take and drink and consistent with the Church's tradition that the sacraments be ministered, it is not permitted for communicants to self-intinct (or dip) the host in the chalice. The practice of dipping fingers with the host in the chalice can also lead to other hygiene issues.**

17. Return reverently to your place.

**If you would like to resume being an Extraordinary Minister of Communion, please contact Ruth to be include on the roster.** You will need to have a current WWCC, Signed Code of Conduct, Completed Safeguarding Training.

Help need! Are you a jammer?

We need some people who are able to make jam, marmalade, chutney and relish for the fete. Your help would be greatly appreciated. We are able to help with funding ingredients, if that is needed.

It is easiest if the jars are all the same size, so if you are able to help, please grab a box of jars from the church kitchen. Any queries, please contact Yvette 040 787 3432.



**MASS FOR THE ASSUMPTION OF THE BLESSED VIRGIN MARY will be celebrated in the Holy Spirit Chapel on Tuesday 15 August at 7pm. All welcome.**

**9am Mass will be celebrated at St Gerard's Church Warrandyte as usual.**

**Holy Spirit School will be celebrating a mass for the Feast Day on Wednesday 16th August at 9:15am.**

**Please note that mass will be celebrated in the Church NOT the Chapel on 16th August**



**Mindfulness & Meditation – Saturday, 28 August 2023, 10 am – 3.30 pm (in-person)**

When we are present to the 'now', centredness and relaxation become a natural part of life, and we know how to act from a heart of love. Facilitated by Paola Cheng who is a Spiritual Director, mental health social worker and meditation teacher, this is a day of prayer in the practice of Mindfulness and Meditation. We invite you to bring an open mind and heart to journey with others and within oneself. Bookings via <https://www.heartoflife.melbourne/events/mindfulness-meditation/?> or email [info@heartoflife.melbourne](mailto:info@heartoflife.melbourne). Cost: \$60 (BYO Lunch)

## COMMUNION AT HOME

This ministry is available to those unable to attend Mass. If you or someone you know would like to be visited, please call the parish Office on 70369395.



National Vocations Awareness Week - Please pray for our priests today in thanksgiving for their ministry and presence in our community. Please pray for the religious who do so much in pastoral care, education, health care and many other ministries. Pray also that the saints may inspire many vocations to consecrated life and priesthood, especially from our community.



## AT ALPHA, YOU CAN ASK ANYTHING... SERIOUSLY!

ALPHA is a safe space to ask questions about  
**Life, Faith and Meaning**  
there's a seat for **you** at the table  
on **Sunday August 6th**



**Alpha** is "an opportunity to explore the meaning of life". It's a place to come and discuss the **big questions**. It's a timeout where you can think about these things, listen to others and discuss your own thoughts. Spending time with others to discuss these things will help shed some light on those issues we all grapple with.

Alpha is run all over the world. It's sharing food, a talk and small group discussion. We'll provide the venue and food, so you can discuss the big questions of life with a mixture of people including your friends and colleagues. Intrigued?... then Come & See!

Registration: <https://www.holyspiritparish.org.au/alpha>

Weekly sessions are on:

Sunday evenings (7-9pm) at Holy Spirit Parish House, North Ringwood

OR

Monday afternoons (1.15-3.15pm) at St Anne's Parish House, Park Orchards



Fostering Community Awareness & Communication

Do you love "The Spirit Magazine", looking for someone to help with compiling the magazine. The next one is due out in September, if you are competent with emails and word this could be for you!

Please contact Yvette 040 787 3432 or [collins.yvette8@gmail.com](mailto:collins.yvette8@gmail.com)

## MAROONDAH CITY COUNCIL—SOCIETY OF ST. VINCENT DE PAUL-HOLY SPIRIT CONFERENCE

Maroondah City Council Mayor—Cr. Rob Steane and fellow Councillors, hosted a presentation night on Wednesday, July 19, to present Grants to in excess of 84 Organizations which qualified under the Council's Community Grant Scheme.

Holy Spirit Conference of St. Vincent de Paul Society was successful in being awarded a Grant of \$3,000.00 under the Emergency Relief Grant section of the Scheme.

Our Conference is grateful for this funding which will be very beneficial in our work in assisting vulnerable people in our Community.

The Council has clearly demonstrated that the welfare of it's citizens is a high priority.

Kevin O'Callaghan,

Conference President.

## You are invited to experience the joy of our Soul Inspired Art Exhibition

September 5 – 22, 2023 An Exhibition Celebrating Life – Regeneration

### Soul Inspired expressions of life and the world around us.

*An Inspiration of the Holy Spirit Parish, to give artists of all ages, abilities, and medias an opportunity to exhibit their work, to inspire their communities, and to celebrate life and the courage of artists.*

This exhibition will be held in The Arbour Space, Box Hill Community Arts Centre,  
470 Station Street, Box Hill Vic 3128 <https://www.bhcac.com.au/>

For Information sheet and further details please email: [tgae@holyspiritparish.org.au](mailto:tgae@holyspiritparish.org.au)

### Vinnies - Where does the money go ?



The Holy Spirit parishioners have always been generous in financial support of The Society.

Set out are figures which shown where and how the funds are used.

The Society receive no financial support from governments.

Revenue at North Ringwood conference comes from the \$2.00 monthly collection , the poor box ,Christmas & Winter Appeals.

We received a Maroondah Community Grant of \$3,000

In the 12 months to June 30 , conference members made 296 home visits ( 192 separate homes) providing assistance. The assistance was provided to 329 adults and 283 children.

Expenditure of funds provided:-

Food vouchers - \$23,026

Educational expenses - \$2,602

Household goods - \$3,862

Utilities - \$2,004

A sincere thanks to Holy Spirit Community for the ongoing support

### POSITIONS VACANT

Applications are invited from suitably qualified and experienced people for the positions of:

#### Catholic Archdiocese of Melbourne

- Archdiocesan Personal Assistant, Western Region

#### Parish Positions

- Pastoral Secretary - St Dominic's Parish, Melton
- Parish Coordinator- St Jude's Parish, Scoresby
- Parish Secretary-Our Lady of Southern Cross Parish, Clifton Hill

#### Other Positions


- JoCare Assistant Coordinator, Malvern
- College Registrar, CTC, East Melbourne

Further details of the above positions can be found on the Archdiocese website at: [Job vacancies | Melbourne Catholic](#)  
Should you have any further questions please do not hesitate to contact Human Resources at [hadmin@cam.org.au](mailto:hadmin@cam.org.au)

### Stewardship Program 2023 Reminder.

Many thanks to those who have already updated their contributions. If you have not yet done so and intend to, please do it today. If you have any questions speak to Jenny or Ruth Tuesday through Friday and I am sure they can help you. Also if you happen to have missed out, the Donate Button on the website now has all the text and videos of the presentations. Thank you again.





**Your gift will  
provide caring  
support for  
families when  
they are most  
vulnerable.**

**DONATE TODAY**

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Or call (03) 9287 5513

Or donate online

[www.catholiccarevic.org.au](http://www.catholiccarevic.org.au)



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Your compassionate generosity will help families thrive at every stage of life, regardless of their socioeconomic status, culture or age. We focus on real life issues and offer relevant, practical support for all members of the family. With your donation, we are able to support families who face financial struggles, help families to navigate relationship challenges, deal with mental health issues, find healthy ways to resolve conflict, assist with parenting arrangements and escape family violence.



# *Holy Spirit* **WORKING BEE**



Sunday 13 August  
10.30am

Spare a few hours to help organise the P&F Room

## **PRAYERS OF INTERCESSION:**

### ***Celebrant:***

*The Lord has chosen us and blessed us and so we seek him confidently with our prayers.*

### ***Reader:***

For our Church leaders; we pray that their leadership inspires us to value the unique dignity of all humans and keep working towards a just and compassionate society where all community members have an opportunity to live life to the full.

In faith we pray.

ALL: Lord hear our prayer.

For our parish community; we pray that we may grow personally and collectively in our experience of God's unconditional love for us and then seek to reflect this in our daily lives by offering care, compassion and hope in our encounters with others.

In faith we pray.

ALL: Lord hear our prayer.

For the staff and volunteers of CatholicCare Victoria; we pray that they may be your presence to others. May their efforts bring peace and happiness to those who seek their assistance.

In faith we pray.

ALL: Lord hear our prayer.

For those who are ill; we pray that they may be strengthened in their struggle and pain and may receive the healing power of God.

In faith we pray.

ALL: Lord hear our prayer.

For those who have loved us and gone before us in death; we pray that they may rejoice in the Father's kingdom.

In faith we pray.

ALL: Lord hear our prayer.

We pray for those who have died recently, Jim Quinlan and those whose anniversaries of death occur about this time: Phil Meyer, Warren Trompf, John O'Leary, Bill Hawkins, Pauline Bushell, Ellen Verner, Mike O'Callaghan, John O'Dwyer, Helen Gibb, Marc Barro, Robert Deller Snr, Anthony North.

May they rest in the loving arms and peace of Christ.

In faith we pray.

ALL: Lord hear our prayer.

### ***Celebrant:***

*Loving God, you calm our fears and doubts and are eager to bless us. Hear these petitions which we hum-*

## **REFLECTION: 19<sup>th</sup> Sunday in Ordinary Time**

*"He said, 'Come.' Peter got out of the boat and began to walk on the water toward Jesus." -Matthew 14:29*

When you hear Jesus calling, do you responded immediately and trust that He knows what He's doing? If so, you are walking on water! When we say "yes" to Jesus, we feel the power of his presence in our lives. We can feel the freedom it gives us! Listen how Jesus is calling you to live the extraordinary life He has intended for you.



## FIRST READING

1 Kings 19.9, 11-13

*Go and stand on the mountain before the Lord.*

A reading from the first book of Kings.

When Elijah reached Horeb, the mountain of God,

9 he came to a cave, and spent the night there.

Then the word of the Lord came to him, saying,

11 "Go out and stand on the mountain before the Lord, for the Lord is about to pass by."

Now there was a great wind, so strong that it was splitting mountains

and breaking rocks in pieces before the Lord, but the Lord was not in the wind;

and after the wind an earthquake, but the Lord was not in the earthquake;

12 and after the earthquake a fire, but the Lord was not in the fire;

and after the fire a sound of sheer silence.

13 When Elijah heard it, he wrapped his face in his mantle and went out

and stood at the entrance of the cave.

The word of the Lord.

A period of silence is observed after the reading.

## RESPONSORIAL PSALM

Psalms 85.8ab+9, 10-11, 12-13 (R.7)

R. Lord, show us your mercy and love, and grant us your salvation.

8 Let me hear what God the Lord will speak, for he will speak peace to his people.

9 Surely his salvation is at hand for those who fear him, that his glory may dwell in our land. R.

10 Steadfast love and faithfulness will meet; righteousness and peace will kiss each other.

11 Faithfulness will spring up from the ground, and righteousness will look down from the sky. R.

12 The Lord will give what is good, and our land will yield its increase.

13 Righteousness will go before him, and will make a path for his steps. R.

## SECOND READING

Romans 9.1-5

*I could wish that I myself were cut off from Christ  
for the sake of my own people.*

A reading from the letter of Paul to the Romans.

1 I am speaking the truth in Christ.

I am not lying;

my conscience confirms it by the Holy Spirit.

2 I have great sorrow and unceasing anguish in my heart.

3 For I could wish that I myself were accursed

and cut off from Christ for the sake of my own people,

my kindred according to the flesh.

4 They are Israelites,

and to them belong the adoption, the glory, the covenants,

the giving of the law, the worship, and the promises;

5 to them belong the patriarchs,

and from them, according to the flesh, comes the Messiah,

who is over all,

God be blessed forever. Amen.

The word of the Lord.

A period of silence is observed after the reading.

## GOSPEL ACCLAMAT I O N

Alleluia, alleluia

I hope in the Lord, I trust in his word.

Alleluia

## GOSPEL

**Matthew 14.22-33**

*Lord, command me to come to you on the water.*

A reading from the holy gospel according to Matthew.

Immediately after feeding the crowd  
with the five loaves and two fish,

22 Jesus made the disciples get into the boat  
and go on ahead to the other side,  
while he dismissed the crowds.

23 And after he had dismissed the crowds,  
he went up the mountain by himself to pray.  
When evening came, he was there alone,

24 but by this time the boat, battered by the waves,  
was far from the land,  
for the wind was against them.

25 And early in the morning  
Jesus came walking toward them on the sea.

26 But when the disciples saw him walking on the sea,  
they were terrified, saying,  
"It is a ghost!"

And they cried out in fear.

27 But immediately Jesus spoke to them and said,  
"Take heart, it is I;  
do not be afraid."

28 Peter answered him, "Lord, if it is you,  
command me to come to you on the water."

29 Jesus said, "Come."  
So Peter got out of the boat,  
started walking on the water, and came toward Jesus.

30 But when he noticed the strong wind,  
he became frightened, and beginning to sink,  
he cried out, "Lord, save me!"

31 Jesus immediately reached out his hand and caught him,  
saying to him, "You of little faith, why did you doubt?"

32 When they got into the boat, the wind ceased.

33 And those in the boat worshipped him, saying,  
"Truly you are the Son of God."

The gospel of the Lord.