



The Word WEEKLY BULLETIN



Parishes of Holy Spirit, St Anne & St Gerard.

First Sunday of Lent, 17-18 February 2024

Parish Priest: Fr. Arsenio Tuazon
Pastor Emeritus: Fr. John Dupuche

HOLY SPIRIT PARISH

120 Oban Road, Ringwood North 3134

Phone: 7036 9395

Email: Ringwoodnorth@cam.org.au

Website: www.holyspiritparish.org.au

Office Hours: Tuesday-Friday, closed Mondays

PARISH SECRETARIES

Ruth Frangeskakis

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Jenny Philp

jenny.philp@cam.org.au

SACRAMENTAL PROGRAM COORDINATOR

Marianne Condon—Wednesdays

mcondon@hsringwoodnth.catholic.edu.au

HIGH SPIRITS COORDINATOR—Elma Gama, 4-5pm Sundays

PARISH HOSTESS—Mary Yeo

MASS TIMES: Wednesdays and Fridays 9:15am in Chapel
Saturdays 6pm in Church
Sundays 9am in Church and 5pm in Chapel
1st Saturday of the month 9:15am in Chapel

HOLY SPIRIT SCHOOL PRINCIPAL—Duncan Arendse —9876 1103

PARISH PASTORAL COUNCIL

Secretary

ppc-sec@holyspiritparish.org.au

FETE COMMITTEE

Lauren Cefai (Chairperson) - fete@holyspiritparish.org.au

PARISH OF ST GERARD AND ST ANNE

St Gerard's: McCulloch Street, Warrandyte 3113

St Anne's: 54 Knees Road, Park Orchards 3114

Phone: 7064 3922

Email: ParkOrchards@cam.org.au

Website: www.cam.org.au/parkorchardswarrandyte

PARISH SECRETARY

Kerry McGowan

Office Hours:

THURS 9am—3pm

FRI 9am—3pm

Masses:

Tuesdays 9am at St Gerard's Warrandyte

Sundays 10:30am—1st Sunday of the month at St. Anne's
Every other Sunday 10:30am at St Gerard's

ST ANNE'S SCHOOL PRINCIPAL

Michael Edmonds—9876 1533

IN THE PEACE OF CHRIST—RECENTLY DECEASED:

ANNIVERSARIES OF DEATH: Pauline Curlis, Ern Thomas, Margaret Dwyer, Peter Sammut, Tony Otten, Katherine Thomas, Attilio Panetta, Alberto Cavallin and Lucia De Petro

PLEASE PRAY FOR THE FOLLOWING SICK: Stella & family, Sean Hill, Valerie Mason, Adrian Ness, Carol Vallance, Chris Neate, Edna Danelutti, Helen, Justine, Christian Heskett, Will Laussen, Kerry McIntyre, Lyn Read, Heather Doy, Evelyn Reinecke, Melanie Saba, Arthur McConnell, Penny Mifsud, Patricia Higgins, Kellie Nagle, Barry Robbins, Jim Nippard, Barbara Delia

Readings this week: Genesis 9:8-15; 1 Peter 3:18-22; Mark 1:12-15

The Word, Spirit Magazine and "Spirit Extra" are available online at www.holyspiritparish.org.au

To join the email distribution list, please use this link:

<https://www.melbcatholic.org/s/subscription?id=0012w00000LOj6dAAD&req=subscribe>

Holy Spirit Parish Vision

At Holy Spirit Parish, we are an inviting community inspired by the Holy Spirit; welcoming everyone to worship, grow, belong and serve together as Disciples of Christ.



Holy Spirit is a child safe parish. At Holy Spirit we hold the care, safety and well being of children and young people as a central and fundamental responsibility of our parish.

EVENTS THIS COMING WEEK - 19th-25th February 2024

MONDAY

TUESDAY

9.15-10.00 am Meditation, Holy Spirit Chapel
7.30 pm RCIA via Zoom
8.00 pm Charismatic Prayer Group, Holy Spirit Chapel

WEDNESDAY

9.15 am Mass, Holy Spirit Chapel
6.00 pm Rosary via Zoom

THURSDAY

10.00 am Men's Chat Group, Mary Bresnan Room
7:30pm Choir, Holy Spirit Church

FRIDAY

9.15 am Mass, Holy Spirit Chapel
10.00 am Ladies Morning Tea, Mary Bresnan Room

SATURDAY

6.00 pm Vigil Mass, Holy Spirit Church

SUNDAY

SECOND SUNDAY OF LENT

9.00 am Prep Welcome Mass, Holy Spirit Church
4.00-5.00 pm High Spirits, Mary Bresnan Room
5.00 pm Mass, Holy Spirit Chapel

ROSTERS FOR NEXT WEEKEND 24th-25th February 2024

Mass Coordinators:

6.00 pm: Sean Collins

9.00 am: Peter Parle—Prep Welcome Mass

Lectors:

6.00 pm: Maureen Chamberlin

9.00 am: Marian McClelland

Welcomers:

6.00 pm: Maureen Taffe

9.00 am: Shelah Batson

Ministers of Communion: **6.00 pm:** Maureen Chamberlin and Etta

9.00 am: Silvio and Ada Volombello

Tea and Coffee: **9.00 am:** Coffee cart and muffins will be available

BAPTISM INFORMATION MEETINGS are held every second Tuesday of the month (except January) in the Parish House. Please call the Office on 7036 9395 to register your attendance/interest.
Next meeting: Tuesday 13th March at 7.30 pm, Mary Bresnan Room.

Holy Spirit Web Site - www.holyspiritparish.org.au:

Stay in touch with our parish website.

- "News, Events": ref menu
- "How we stay connected", online resources such as Masses, Prayers, Newsletters, Next Zoom: ref home page

Parish Database Update Please remember to advise the parish staff of any changes to phone and email details so we can update our database via email to Ringwoodnorth@cam.org.au or phone 7036 9395.

Tuesday Meditation Tuesdays @ 9:15am in the Holy Spirit Chapel (not during School holidays).
Please contact Len on 0401 519 727 if you have queries.

Charismatic Prayer Group Tuesdays @ 8pm in the Holy Spirit Chapel for prayer, praise and worship and fellowship. If interested, contact Jacek on 0490 884 914 or Ann on 0437 127 326.



HOLY SPIRIT PARISH ZOOM ROSARY

Wednesday evenings at 6:00pm—Meeting ID: 631 950 8706 Passcode: 2p7ssZ

Hosted by Ambrose & Philomena Cornelio

Prayer requests may be emailed to Ambrose: acornelio@connecteast.com.au for inclusion weekly.

Collection Notice For information on the Parish's policies regarding information collection and privacy please refer to: www.holyspiritparish.org.au/Collection-Notice

Pietà Lenten Program 2024

There are still a couple of places in the Monday morning, Tuesday afternoon and Wednesday evening online groups.

Hard copies of the booklet are sold out. If you would like to get a PDF version, please follow this link:

<https://www.dow.org.au/product/pieta-lenten-program-2024-book-pdf-digital-download/>

There is a cost for the PDF version which has to be paid at the time of ordering.

Here is a list of groups, times and leaders:

Group	Time	Starting	Leader
Sunday, in person	6-7.30pm	18 th February	Yvette Collins
Monday, in person	10 – 11.30am	19 th February	Helen Konynenburg
Tuesday, in person	2-3.30pm	13 th February	Judy Barber
Wednesday, in person	7.30 – 9pm	7 th February	Chris and Vicki Morris
Wednesday online via Zoom	7.45 – 9.15pm	7 th February	Maryann Street

Contact Maryann 0429 876 434, Jenny or Ruth 7036 9395, Yvette 0407873432 or Helen 0409124516

Lent is the 40 days of preparation for the Easter season when Christians are called to deepen their spiritual lives through the practices of fasting, prayer, and almsgiving.

We believe that regular participation in these practices — like exercise we do for our physical health — improves our spiritual well-being, by stripping away all that is unnecessary and becoming more mindful of how God is working in our lives.

Challenge yourself this year, and go beyond the usual practice of “giving up” something.

Now is a great time to take stock of your spiritual life and to grow in it.

Not sure where to start? Here are some suggestions:

- Participate in a Lenten reflection Program, either through our parish groups or on line;
- Try a daily act of kindness
- Try a new ‘Spiritual practice’ i.e. Stations of the Cross, Rosary, Daily Mass, Meditation
- Spend some time each day in quiet reflection on your life and how you are deepening your relationship with God. Ask God about this and listen for the whisper of the Spirit in response.
- Do you spend too much on clothes or dinners? Pick an expense that you’ll “fast” from during Lent, and then give the money you would usually spend to a charity
- Pray for somebody. As you’re walking, travelling, or waiting somewhere, pick out a person who appears to be in need and pray for that person. In the words of philosopher Philo of Alexandria: “Be kind, for everyone you meet is fighting a great battle.”
- Volunteer to participate in the Easter Liturgies - it is always great to have new ideas and you will get to share your faith in a very practical way. **We plan to reintroduce the large Cross to the Good Friday Service. In order to do this, we will need many new volunteers. As this is a highlight of our parish Liturgical celebrations, please volunteer your time to make it possible. We will have more information in the coming weeks.**

LENTEN RETREAT AT ST DOMINIC’S- Saturday, 16 March

St Dominic’s Parish invites everyone for a day-long Advent Retreat focusing on theme:

‘Sacrifice, Suffering, Salvation’.

Time: commences with 9:00am Mass and concluding with Adoration, Confession and Benediction from 4-5pm.

Venue: St Dominic’s Parish, 816 Riversdale Road, Camberwell

Cost: \$20.00, includes morning/afternoon tea and lunch

To register: <https://www.trybooking.com/CPJAH> OR contact Carlo on pastoral.associate@stdominics.org.au



Meet **Ronita** from the Philippines. Ronita is a mother of two young boys living in a slum in Quezon City. She went back to school to finish her education so that she could earn income to support her children.



Meet **Leaia** from Samoa. Not having access to a reliable source of clean water was very difficult for Leaia and her family. But, with the support of Caritas Australia, a water tank was installed at their home, improving their health and living conditions.



Meet **Memory** from Malawi. Memory, the eldest daughter from a rural Malawian family, trained to become a carpenter and is now a trailblazer for future generations of women in her village.



Throughout Project Compassion, you will get to know the stories of Ronita, Leaia and Memory. Journey with them as they forge a path to a brighter future for all generations.

Please donate to Project Compassion.

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting caritas.org.au/project-compassion or by calling 1800 024 413.

Photo: Richard Wainwright/Caritas Australia

FIRST SUNDAY OF LENT REFLECTIONS: Genesis 9:8–15 | 1 Peter 3:18–22 | Mark 1:12–15

Written by Michael McGirr

Mark's Gospel is bold and challenging. It doesn't beat around the bush. Throughout this year, there will be many Sundays when we really need to tune in because Mark's Gospel doesn't wait for the reader to be ready. It is right in your face, to use a modern expression. Sometimes Mark reminds us of the wise old person who doesn't use many words, but every one of those words counts. There can't be many books of so few pages that have had such a mighty impact on the world.

Today, a few lines tell us that Jesus went into the desert for 40 days and 'was tempted by Satan.' He was 'with the wild beasts', meaning he was vulnerable as he was immersed in the natural world. This was surely an experience of struggle and growth. Then suddenly Jesus discovers that John the Baptist has been arrested. In a few lines, Mark creates the impression of a challenging time.

How did Jesus respond? He seems to have been enlivened, to have decided to create change. He is full of energy and purpose. 'The time has come,' he says. In his vulnerability, he has discovered that 'the kingdom of God is close at hand.'

This year, through Project Compassion, Caritas Australia will ask us to consider several stories of vulnerability and hope in action. Over the coming weeks, we will meet a number of extraordinary women: Ronita from the Philippines, Leaia from Samoa and Memory from Malawi. They remind us that in many situations around the world, women are the heart of the community and the drivers of change. In each case, a partnership involving Caritas Australia and local agencies has led to new opportunities not just for an individual but for families and communities. The kingdom of God is, indeed, closer than we think. Together with Ronita, Leaia and Memory, our decisions help to bring it to reality around the globe.

Perhaps we might spend time with the words of today's Psalm: 'God guides me in the right path; God teaches the Lord's way to the poor.'

HIGH SPIRITS is back for 2024. Does your child attend a State Primary School and is interested in making their Sacraments at Holy Spirit? We are accepting new enrolments now. Classes run during school terms on a Sunday from 4.00-5.00 pm in the Mary Bresnan Room of the Parish House. The children then attend mass at 5.00 pm in the Chapel. If you would like further information or have any queries, please contact the High Spirits Coordinator, Elma Gama on 0413 231 871.

On the Journey this week: We begin our Lenten reflection series with Sr Katherine Stone MGL. This week Sr Katherine says Lent leads us into the wilderness to face the wild beasts of our life. Mother Hilda tells the story of Archbishop Thuc of Saigon and how he handled humiliation. Fr Tony Percy says that like Jesus in the Gospel, we too experience catapulting events. Darren McDowell and Sr Mary Helen Hill give their Lenten reflections from our Pietà Lenten series. Plus, more great music! Visit www.jcr.org.au or www.itunes.jcr.org.au where you can listen anytime

LADIES MORNING TEA

With a new year beginning we welcome all ladies from Holy Spirit Parish and community to join us on the last Friday of the month for a cuppa with a group of wonderful ladies who enjoy a laugh and chat.

Our next gathering is on Friday 23rd February in the Parish House at 10am after the 9.15am mass. If you know of any new parishioners or friends who are needing some company please invite them to come along as it is a very enjoyable morning.

Any queries please contact Parish Office 70369395 or Maureen Taffe via email : maurentaffe@hotmail.com

Looking forward to another enjoyable year.

Holy Spirit friendship group

Applications are invited from suitably qualified and experienced people for the positions of:

Catholic Archdiocese of Melbourne

- **Executive Support Officer-Proclaim, East Melbourne**

Parish Positions

- **Parish Secretary- St John Bosco's Parish, Niddrie**
- **Liturgical & Sacramental Coordinator - Nazareth Parish, Grovedale, Torquay, Anglesea**
- **Parish Secretary, Partnered Parish St Gabriels, St Stephens & St Raphael, Reservoir- Reservoir East -Preston West, Reservoir**

Other Positions

Further details of the above positions can be found on the Archdiocese website at:

[Job vacancies | Melbourne Catholic](#)

Should you have any further questions please do not hesitate to contact Human Resources at hadmin@cam.org.au

Fete Sponsors Offers (New for 2024)

As a gift from 2024 Fete Sponsor Fernwood Mitcham please find a free 5 day pass as a gift to every Holy Spirit mum & the special woman in our community. Bring in the gift card below to claim your free 5 day pass to Fernwood Mitcham, or redeem the free pass via the link here: <https://join.fernwoodfitness.com.au/5-day-pass/mitcham/>





WORLD DAY OF PRAYER 2024 PALESTINE

**10am Friday March 1st March,
*Ringwood Uniting Church.***

The World Day of Prayer is an international ecumenical Christian laywomen's initiative. It is run under the motto "Informed Prayer and Prayerful Action," and is celebrated annually in over 170 countries on the first Friday in March. The movement aims to bring together women of various races, cultures and traditions in a yearly common Day of Prayer, as well as in closer fellowship, understanding and action throughout the year.

The theme in 2024 is

"I Beg You... Bear With One Another in Love"

Ephesians 4:1-3

This program calls us to bear with each other in love, despite all difficulties and oppression. The program was written by a group of ecumenical Christian Palestinian women in response to the passage from Ephesians 4:1-7. We reflected collectively on this theme from the context of our suffering as Palestinian Christian women. We hope to inspire other women around the world to bear with one another in love during troubled times. **ALL ARE WELCOME TO ATTEND**

This artwork is made in honor of the World Day of Prayer. Through her artwork, Halima Azizre, presents three Palestinian women praying together in nature in a peaceful place. In her work, the artist has different motives and symbols that indicate the origin of these women and their cohesion. These are the following symbols featured in her artwork: Olive trees/ branches are a sign of everlasting and abundant life because they can live for thousands of years. Some of the olive trees in Palestine today were there during the time of Jesus.

The golden roots are underlining the fact that the Palestinians will always exist and as they exist, they will always resist for their rights and freedom. It's painted in gold because it's something precious, something no one can take away from the Palestinians because they are deeply rooted.

Poppy flowers are abundant and meaningful to Palestinians. They remind Palestinians of loved ones who have given their lives for their country.

Traditional Palestinian dresses like the tatreez (embroidery) thobe (dress) or the white scarf. It represents the Palestinian people and is full of art and history.

The keys are a symbol of the hope to return back to Palestine. Palestinians always carry their keys of their homes they were driven out of with them, no matter where they are around the world, and they pass it on to their children so they will never lose hope.

You are invited to join us for Encounter.

Sunday 25th February 4:30pm—7:30pm, St Christopher's Parish Syndal

An unforgettable evening for high school students to encounter Jesus Christ with prayer, fellowship, food, and fun. An opportunity for secondary school students to hang out with youth from all over Melbourne.

Enquiries 99265761 or email: proclaim@cam.org.au

REFLECTION: 1st Sunday of Lent

"After John had been arrested, Jesus came to Galilee proclaiming the gospel of God...." - Mark 1:14

Have you ever thought about how difficult it must have been for Jesus to go to Galilee, knowing that John had just been arrested for teaching the same message that He was proclaiming. It took great love and trust for Jesus to do what the Father had sent Him here on earth to do. In the same way, living a stewardship lifestyle takes great love and trust from us. We must be willing to surrender completely to God, trusting that He will always give us all that we need to fulfill His plan for us.

PRAYERS OF INTERCESSION:***Celebrant:***

Dear Friends in Christ. As we begin our annual period of renewal, let us turn to our Father who calls us to live out the Good News of the Gospel.

Reader:

For the Church the people of God. As we begin our Lenten journey, may we be renewed by the Good News of Jesus Christ and the power of the Holy Spirit and may our works of penance help us grow in our love for God and our neighbour.

LORD HEAR US.

May each of us really see with open hearts and recognise who it is we are looking at to realise their value and the importance and gift of their life.

LORD HEAR US.

For those whose lives are tested constantly through poverty, violence, abuse, illness or exclusion; may they be supported in their struggles through prayer and practical assistance.

LORD HEAR US.

For our sisters and brothers around the world who are journeying out of the wilderness to a "just future"; that their desire to serve their community be an example for us all to follow.

LORD HEAR US.

For our Catechumen, Ryan, who this weekend will join with his sponsor Nat at the Cathedral for the liturgy of the 'election' of the catechumens. May this experience enrich his journey of faith as he prepares for the Sacraments of Initiation this Easter.

LORD HEAR US.

We pray for all those around the world who are vulnerable to the impact of poverty, violence and climate change. May our generosity towards Project Compassion be a measure of our commitment to global change.

LORD HEAR US.

We pray for those who have died recently and those whose anniversaries of death occur about this time: Pauline Curlis, Ern Thomas, Margaret Dwyer, Peter Sammut, Tony Otten, Katherine Thomas, Attilio Panetta, Alberto Cavallin and Lucia De Petro. May they rest in the loving arms and peace of Christ.

LORD HEAR US.

Celebrant:

Draw us together O Lord as your family. May we learn the new wisdom of your teaching and walk in your ways. We ask this through Christ our Lord. Amen.

FIRST READING

Genesis 9.8-15

I will establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood.

A reading from the book of Genesis.

8 God said to Noah and to his sons with him,

9 “As for me,

I am establishing my covenant with you and your descendants after you,

10 and with every living creature that is with you,

the birds, the domestic animals,

and every animal of the earth with you,

as many as came out of the ark.

11 I establish my covenant with you,

that never again shall all flesh be cut off by the waters of a flood,

and never again shall there be a flood to destroy the earth.”

12 God said,

"This is the sign of the covenant that I make between me and you

and every living creature that is with you,

for all future generations:

13 I have set my bow in the clouds,

and it shall be a sign of the covenant between me and the earth.

14 When I bring clouds over the earth and the bow is seen in the clouds,

15 I will remember my covenant

that is between me and you and every living creature of all flesh;

and the waters shall never again become a flood

to destroy all flesh.”

The word of the Lord.

RESPONSORIAL PSALM

Psalm 25.4-5a, 6+7b, 8-9 (R.10)

R. Your ways, O Lord, are love and truth to those who keep your covenant.

4 Make me to know your ways, O Lord;

teach me your paths.

5 Lead me in your truth, and teach me,

for you are the God of my salvation.

6 Be mindful of your mercy, O Lord, and of your steadfast love,

for they have been from of old.

7 According to your steadfast love remember me,

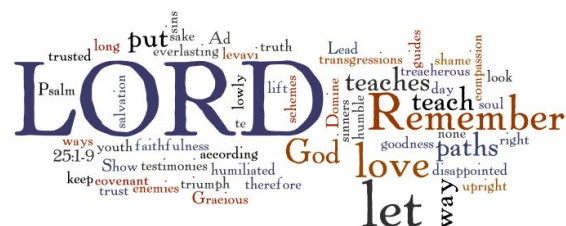
for the sake of your goodness, O Lord! *R.*

8 Good and upright is the Lord;

therefore he instructs sinners in the way.

9 He leads the humble in what is right,

and teaches the humble his way. **R.**



SECOND READING

1 Peter 3.18-22

*The waters of the flood prefigured the baptism
which now saves you.*

A reading from the first letter of Peter.

18 Christ suffered for sins once for all,
the righteous for the unrighteous,
in order to bring you to God.
He was put to death in the flesh,
but made alive in the spirit,
19 in which also he went and made a proclamation to the spirits in prison.
20 In former times these did not obey,
when God waited patiently in the days of Noah,
during the building of the ark,
in which a few, that is, eight persons,
were saved through water.
21 Baptism, which this prefigured, now saves you—
not as a removal of dirt from the body,
but as an appeal to God for a good conscience
through the resurrection of Jesus Christ,
22 who has gone into heaven and is at the right hand of God,
with angels, authorities, and powers made subject to him.

The word of the Lord.

GOSPEL ACCLAMAT I O N

Matthew 4.4

Praise to you Lord Jesus Christ, King of endless glory.
No one lives on bread alone,
but on every word that comes from the mouth of God.
Praise to you Lord Jesus Christ, King of endless glory.

G O S P E L

Mark 1.12-15

Jesus was tempted by Satan; and the angels waited on him

A reading from the holy gospel according to Mark.

After Jesus was baptized,
12 the Spirit drove him out into the wilderness.
13 He was in the wilderness forty days,
tempted by Satan;
and he was with the wild beasts;
and the angels waited on him.
14 Now after John was arrested,
Jesus came to Galilee, proclaiming the good news of God, and saying,
15 “The time is fulfilled,
and the kingdom of God has come near;
repent, and believe in the good news.”

The gospel of the Lord.

