



# The Word WEEKLY BULLETIN



Parishes of Holy Spirit, St Anne & St Gerard.

**4th Sunday in Ordinary Time, 30-31 January 2021**

**Parish Priest: Fr. Arsenio Tuazon**

## **HOLY SPIRIT PARISH**

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## **PASTORAL ASSOCIATE**

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Elma Gama

## **PARISH HOSTESSES**

Mary Yeo and Kerry O'Leary

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Duncan Arendse —9876 1103

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## **PARISH PASTORAL COUNCIL**

Secretary

[ppc-sec@holyspiritparish.org.au](mailto:ppc-sec@holyspiritparish.org.au)

## **FETE COMMITTEE**

John Cilia (Chairperson) -

[fete@holyspiritparish.org.au](mailto:fete@holyspiritparish.org.au)

## **PARISH OF ST GERARD AND ST ANNE**

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**Office Hours: Tuesday-Friday 9am-3pm, closed Mondays.**

## **PARISH SECRETARIES**

Ana Saro

Tuesday & Wednesday

Kerry McGowan

Thursday & Friday

## **SCHOOL PRINCIPAL—St. Anne's**

Michael Edmonds—9876 1533

## **PLEASE NOTE:**

**IN ACCORDANCE WITH INSTRUCTIONS FROM THE PREMIER AND THE BISHOPS OF VICTORIA, WE CAN NOW CELEBRATE MASS UNDER VERY STRICT GUIDELINES. PLEASE SEE THE NOTICE ON PAGE 2 FOR MORE DETAILS.**

Readings, Prayers of Intercession and a Gospel reflection are included in the word, which is available from the parish web site:

[www.holyspiritparish.org.au/The-Word-Newsletter](http://www.holyspiritparish.org.au/The-Word-Newsletter)

Recorded Masses available at: [www.holyspiritparish.org.au/Online-Resources](http://www.holyspiritparish.org.au/Online-Resources)

Important information, Spirit Extra, the Spirit Magazine and other Parish matters are available on the website:

[www.holyspiritparish.org.au](http://www.holyspiritparish.org.au)

THE Parish Office remains closed, however, the staff will be monitoring the phone, mail and emails. Please ring the Parish

Mobile number: 0434 224 483 and leave your name and contact number and we will return your call as soon as possible.

Email: [ringwoodnorth@cam.org.au](mailto:ringwoodnorth@cam.org.au)

**IN THE PEACE OF CHRIST— RECENTLY DECEASED:** Gloria Thomas and Mia Buskes

**ANNIVERSARIES OF DEATH:** Francesco Raso, Betty Philp, John Pearce, Mary Gioserrano, Bill Kyte, Jean Sully, Anna Holewa, Mary McKay, John Tay, Maria Koh, Frank Rogan, Stuart Holt, Daniel Holland, Mario Marcello and Mary Berglund

**PLEASE PRAY FOR THE FOLLOWING SICK:** Ben Lobo, John, Angela Damora, Warren Darbyshire, Stella & family, Deb Neilsen, Pauline Curlis, Sean Hill, Valerie Mason

**Readings this week:** Deuteronomy 18.15-20; 1 Corinthians 7.17, 32-35; Mark 1.21-28

The Word, Spirit Magazine and "Spirit Extra" are available online at [www.holyspiritparish.org.au](http://www.holyspiritparish.org.au)

Dear Holy Spirit Parishioners

**CHANGES TO MASS BOOKING PROCESS:**

From February 2021 you will not need to use TryBooking to attend regular weekend and weekday Masses.

Weekend Masses are Saturday evening at 6pm, Sunday morning at 9am in the Church. We will also resume collections and Tea/Coffee after weekend Masses. Please note: our maximum capacity in the church is 120.

Wednesday & Friday morning Masses will be celebrated at **9:15am** in the Chapel. Maximum capacity is 12. Please note the change of time for weekday Masses.

To comply with COVID regulations, we will use the QR code for electronic contact tracing purposes. You will need to bring your mobile phone to use the QR code system. If you do not have a phone, or your phone does not work with the QR system, there will be welcomers on duty to assist.

Alternatively, you will have to write your details in a register.

Please arrive early to ensure you register and are seated well before Fr Arsenio is ready to commence Mass.

All Masses will continue to be celebrated under guidelines, which have been approved by Archbishop Comensoli.

**Under no circumstances should anyone awaiting test verification, including Clergy (even without presenting symptoms) attend a church or parish setting until a diagnosis is confirmed. Additionally, under no circumstances should anyone attend who is closely connected to people who are awaiting test results or who have tested positive.**

The restrictions are as follows:

- You must carry a face mask at all times.
- Sanitize your hands on arrival.
- Sanitise your hands as you approach Father for communion.

The chairs are not to be moved from the pre marked space.

Fr Arsenio will give instructions on receiving Holy Communion during the Fraction Rite.

Communion during covid-19 at this time may only be taken by hand.

Jacinta Bibby Pastoral Associate Mobile : 0434 224 483

**Funeral arrangements for Mia Buskes and Gloria Thomas.**

Please note, in line with Covid guidelines, seating in the church is limited to 120.

The Funeral Prayer Service for Mia Buskes will be celebrated on Wednesday 3rd February at 10:30am in the Holy Spirit Church. Parishioners who would like to attend can register at the church using the QR code or manual sign in. Please arrive early to ensure you register and are seated well before Fr Arsenio is ready to commence.

The Requiem Mass for Gloria Thomas will be celebrated on Friday 5th February at 11am. This service will be live streamed via the William Matthews website. Details in Herald Sun Saturday 30 January. Parishioners who would like to attend can register at the church using the QR code or manual sign in. Please arrive early to ensure you register and are seated well before Fr Arsenio is ready to commence.

## Holy Spirit Parish Vision

At Holy Spirit Parish, we are an inviting community inspired by the Holy Spirit; welcoming everyone to worship, grow, belong and serve together as Disciples of Christ.



Holy Spirit is a child safe parish. At Holy Spirit we hold the care, safety and well being of children and young people as a central and fundamental responsibility of our parish.

The Parish will rely on continuing contributions through the Thanksgiving program to meet our expenses for day to day operations. This may be an opportune time to change over to Direct Debit or Credit Card contributions.

Should you wish to make this change, please call the parish office on **0434 224 483**

Daily Mass Books 2021 are available for \$25. Please email Jenny: [jenny.philp@cam.org.au](mailto:jenny.philp@cam.org.au) if you would like to get a copy.

### PARISH DATA BASE UPDATE

Please remember to advise the parish staff of your current phone and email details so we can update our database. You can either return the data sheet sent to you or email: [Ringwoodnorth@cam.org.au](mailto:Ringwoodnorth@cam.org.au)  
Thank you.

### **Holy Spirit Web Site - [www.holyspiritparish.org.au](http://www.holyspiritparish.org.au):**

Stay in touch with our parish website.

- "News, Events": ref menu
- "Covid 19 News and Updates" (much of which is drawn from Jacinta's weekly email): ref home page & menu
- "How we stay connected", online resources such as Masses, Prayers, Newsletters, Next Zoom: ref home page

### **Holy Hour of Adoration/ Rosary - Wednesday Nights**

There will be no Holy Hour of Adoration in the chapel on Wednesday Nights until the end of January 2021.



### **HAPPY BIRTHDAY!**

Special birthday wishes to Roma Canty, who is celebrating her birthday this weekend.

May you be abundantly blessed on your special day and in the year to come!

As we resume our "Covid normal" celebration of Mass, we will be returning to some of our usual practices. Rosters will be starting up again in February. Everything we do must be in accordance with the DHHS guidelines, so there will be some changes to the way we operate! However, we hope to return to fairly normal practices in the near future. If you would like to volunteer in any way, please contact Ruth: [ruth.frangeskakis@cam.org.au](mailto:ruth.frangeskakis@cam.org.au)

### Collection Notice

For information on the Parish's policies regarding information collection and privacy please refer to: <https://www.holyspiritparish.org.au/Collection-Notice>



Jacinta will be hosting an online discussion group using the Diocese of Wollongong Lenten Program “Comfort”, commencing on Wednesday 24th February. Discussion sessions will start at 10am. There are 9 spaces available to book.

If you would like to join these Zoom chat sessions, please contact Jacinta on 0434224483 or [Jacinta.bibby@cam.org.au](mailto:Jacinta.bibby@cam.org.au)

## FIRST READING

### Deuteronomy 18.15-20

*I will put my words in the mouth of the prophet.*

A reading from the book of Deuteronomy.

**15** Moses spoke to the people; he said:

“The Lord your God will raise up for you  
a prophet like me from among your own people;  
you shall heed such a prophet.

**16** This is what you requested of the Lord your God at Horeb  
on the day of the assembly when you said:

‘If I hear the voice of the Lord my God any more,  
or ever again see this great fire, I will die.’

**17** “Then the Lord replied to me:

‘They are right in what they have said.

**18** I will raise up for them a prophet like you  
from among their own people;  
I will put my words in the mouth of the prophet,  
who shall speak to them everything that I command.

**19** ““Anyone who does not heed the words  
that the prophet shall speak in my name,  
I myself will hold accountable.

**20** But any prophet who speaks in the name of other gods,  
or who presumes to speak in my name  
a word that I have not commanded the prophet to speak—  
that prophet shall die.”

The word of the Lord.

## RESPONSORIAL PSALM

**Psalm 95.1-2, 6-7ab, 7c-9 (R.7c+8a)**

**R.** If today you hear God’s voice, harden not your hearts.

**1** O come, let us sing to the Lord;  
let us make a joyful noise to the rock of our salvation!

**2** Let us come into his presence with thanksgiving;  
let us make a joyful noise to him with songs of praise! **R.**

O come, let us worship and bow down,  
let us kneel before the Lord, our Maker!

**7** For he is our God, and we are the people of his pasture,  
and the sheep of his hand. **R.**

O that today you would listen to his voice!

**8** Do not harden your hearts, as at Meribah,  
as on the day at Massah in the wilderness,

**9** when your ancestors tested me,  
and put me to the proof, though they had seen my work. **R.**

## SECOND READING

1 Corinthians 7.17, 32-35++

*The unmarried are concerned about the affairs of the Lord.*

A reading from the first letter of Paul to the Corinthians.

Brothers and sisters,

**17** let each of you lead the life  
that the Lord has assigned, to which God has called you.

**32** I want you to be free from anxieties.

The unmarried man is anxious about the affairs of the Lord,  
how to please the Lord;

**33** but the married man is anxious about the affairs of the world,  
how to please his wife,

**34** and his interests are divided.

The unmarried woman and the virgin are concerned about the affairs of the Lord,  
so that they may be holy in body and spirit;

but the married woman is concerned about the affairs of the world,  
how to please her husband.

**35** I say this for your own benefit, not to put any restraint upon you,  
but to promote good order and unhindered devotion to the Lord.

The word of the Lord

## GOSPEL ACCLAMAT I O N

Matthew 4.16

Alleluia, alleluia

A people in darkness have seen a great light;  
a radiant dawn shines on those lost in death.

Alleluia

## G O S P E L

Mark 1.21-28

*They were all amazed: A new teaching—with authority.*

A reading from the holy gospel according to Mark.

**21** The disciples went to Capernaum;  
and when the sabbath came,  
Jesus entered the synagogue and taught.

**22** They were astounded at his teaching,  
for he taught them as one having authority,  
and not as the scribes.

**23** Just then there was in their synagogue a man with an unclean spirit,

**24** and he cried out,

“What have you to do with us, Jesus of Nazareth?

Have you come to destroy us?

I know who you are, the Holy One of God.”

**25** But Jesus rebuked him, saying,

“Be silent, and come out of him!”

**26** And the unclean spirit, convulsing the man  
and crying with a loud voice, came out of him.

**27** They were all amazed, and they kept on asking one another,  
“What is this? A new teaching—with authority!

He commands even the unclean spirits, and they obey him.”

**28** At once Jesus’ fame began to spread  
throughout the surrounding region of Galilee.

The gospel of the Lord.



## **REFLECTION: 4<sup>th</sup> Sunday in Ordinary Time**

*"Brothers and sisters: I should like you to be free of anxieties."- 1 Corinthians 7:32*

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this – use the word "pray" instead of the word "worry" in the future. Then pray for things instead of worrying about them.

## **Prayers of Intercession**

*With love and trust in the Lord's goodness and mercy, we bring our prayers to our heavenly Father.*

We pray that we may seek God first in our lives and love others with the love which God has bestowed upon us.  
**LORD HEAR US.**

For our parish community; that we may share our time and gifts with each other and strengthen the witness to Christ that we offer. **LORD HEAR US.**

For leaders of government; that they may be guided in their policies by a true desire for justice, especially towards those caught in a cycle of poverty. **LORD HEAR US.**

For all who have difficulties in their lives; that the Spirit of Christ may release them from their troubles so that they may live in the freedom of God's children. **LORD HEAR US.**

As we commence a new school year, we pray for all parents and teachers; that they will promote a passion for the truth and a love for learning in their children. **LORD HEAR US.**

For all who have mental and emotional illness; that God's love will strengthen, heal and sustain them and lead us to greater compassion and understanding of their needs. **LORD HEAR US.**

For all who are grieving; that they may experience God's comforting presence and the loving support of others.  
**LORD HEAR US.**

We pray for those who have died recently, Gloria Thomas and Mia Buskes and those whose anniversaries of death occur at this time: Francesco Raso, Betty Philp, John Pearce, Mary Gioserrano, Bill Kyte, Jean Sully, Anna Holewa, Mary McKay, John Tay, Maria Koh, Frank Rogran, Stuart Holt, Daniel Holland, Mario Marcello and Mary Berglund. May they rest in the loving arms and peace of Christ.  
**LORD HEAR US.**

## **SPIRITUAL COMMUNION,**

**My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.**

**St. Alphonsus Liguori**

